

## Resources to Improve Financial Stability

Free on-line resources are available to help individuals and families learn more about financial management and how to reach important financial goals. These recommended sites include guidance, classes, toolkits, and videos on budgeting, saving, debt management, making major purchases, and much more.

1. **GCF Learn Free** offers an easy to navigate site with lots of information on budgeting, saving and money management. <http://www.gcflearnfree.org/moneybasics>
2. **Balance Track** offers a well-designed site with lots of resources and worksheets. All chapters are available as podcasts and all can be presented in Spanish. <http://www.balancetrack.org/partners/bayfederal/index.html>
3. **MoneyWi\$e**, a national financial literacy partnership of Consumer Action and Capital One, offers free, multilingual financial education materials, curricula and teaching aids. <http://www.money-wise.org>
4. **Money Management International** offers 11 interactive video on a range of financial topics to improve financial success. The Family Interaction Guide is a downloadable workbook full of ideas for the whole family. <http://www.moneymanagement.org/FSP/Premium%20Partner/Credit-Articles/Modules.aspx?RCTAG=COMONE>
5. **Money Smart - A Financial Education Program** is offered by the Federal Deposit Insurance Corporation <https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>. This comprehensive course can be provided by an instructor or taken individually at this link: [Money Smart CBI Online](#). Registration (free) is required.