

What is the CACFP?

The Child & Adult Care Food Program is a federal program that provides nutrition training and financial reimbursement for approved meals and snacks served in regulated child care homes.

The primary objective of the CACFP is to ensure that children 12 years of age and younger enrolled in child care homes receive well-balanced, nutritious meals.

The program helps child care providers meet this goal through nutrition education, program training, and financial reimbursement.

Why Should I Participate?

There are a variety of benefits to participating and there is no cost.

Provider: A regulated child care provider can receive monthly reimbursements for serving nutritional meals to their day care children and nutrition education.

Child: A child receives nutritional meals that meet USDA requirements as well as learns positive eating habits for the future.

Parent: A parent receives reassurance that their child is getting their nutritional needs met without extra cost.

Community: Improvement and quality care of children in the community by meeting their nutritional needs.

What kinds of meals are served?



- **Breakfast** consists of a serving of milk, fruit or vegetable, and grains or bread.
- **Lunch and Supper** require milk, grains or bread, meat or meat alternate, and two different servings of fruit or vegetables.
- **Snacks** include two different servings of the four components: milk, fruits or vegetables, grains or bread, or meat or meat alternate.



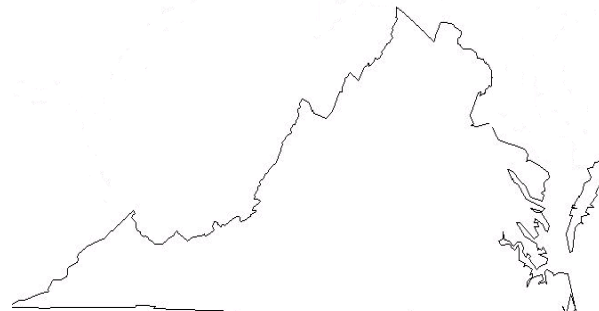
Use the map in this brochure to see the list of sponsoring organizations that serve your county or city. Contact the organizations to find out what services they offer.

In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age disability or retaliation. (Not all prohibited bases apply to all programs).

If you require this information in alternative format (Braille, large print, audiotape, etc.), contact the USDA's TARGET Center at (202) 720-2600 (Voice or TDD).

If you require information about this program, activity, or any USDA office.

To file a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call, toll free (866) 632-9992 (Voice). TDD users can contact USDA through local relay or the Federal Relay at (800) 877-8339 (TDD) or (866) 377-8642 (relay voice users). USDA is an equal opportunity provider and employer.



Virginia Sponsors' Association

CHILD & ADULT CARE FOOD PROGRAM

SERVING FAMILY CHILD CARE HOME PROVIDERS IN VIRGINIA



1. Child Development Services DCA/CDS

1100 Lee Venue Suite 119
Fort Lee, VA 23801
Kim White (804)765-3853
Kim.s.white@us.army.mil

2. Child Nutrition, Inc.

9 N Third Street, Suite 100
Warrenton, VA 20186
(540) 347-3767
(800)735-5434
Bethw@cni-usda.org
Karenw@cni-usda.org

3. Council of Community Services

Child Care Food Program
P.O. Box 598
Roanoke VA 24004
(540) 985-0131 Ext. 600
info@councilofcommunityservices.org
www.councilofcommunityservices.org

4. Fairfax County Department of Family Services

Office for Children Family Day Care
12011 Government Center Drive 8th Floor
Fairfax, Virginia 22035-1102
Abeba Tzeggai (703) 324-8185
atzegg@co.fairfax.va.us
mashie@co.fairfax.va.us

**5. Fort Belvoir Child and Youth Services
Family Child Care**

Attention: Food Service Manager
9500 Barlow Rd., Bldg 950 Suite 122
Fort Belvoir, VA 22060-2299
Herman Woods (703) 805-9141
Herman.T.Woods@us.army.mil

**6. Infant/Toddler Family Day Care of
Northern Virginia**

www.infanttoddler.com
(704) 352-3440

7. Marine & Family Services Branch, MCCC – 0120

Family Child Care
3311 Purvis Road
Quantico, VA 22134-5001
Lydia De La Cruz (704)784-2011
Lydia.delacruz@usmc-mccc.org

8. Childsavers

Memorial Child Guidance Clinic
200 North 22nd Street
Richmond, VA 23223
(804) 644-9590
(800) 272-4949
ksweeney@childsavers.org
lmoore@childsavers.org
tbranch@childsavers.org

9. Navy Regional Child Development Programs

Child Development Homes
MWR Code 830 Bldg 1559
NNSY Scott Center Annex
Portsmouth VA 23709
Cynthia.ehrhart@navy.mil (757) 444-8207
Pauline.reimold@navy.mil (757) 444-1591

10. Children's Harbor

702 London Street
Portsmouth VA 23704
Debra L. Moore
(757) 397-2984
www.childrensharbor.cc
Debbie@childrensharbor.cc

**11. Richmond Community Action Pro-
gram Child Care Food Program**

1021 Oliver Hill Way
P.O. Box 26386
Richmond, VA 23260-6386
Hester Walker (804) 788-0204
hesterwalker@rcapva.org

12. Family Members Programs

Family Child Care
1994 Eagle Ave
Langley AFB, VA 23665
Lenn E. Good
Phone: (757)225-2610
Fax: (757) 225-2611
Ethelene.good@langley.af.mil

13. The Childcare Network

1907 Charles St. Suite E
Fredericksburg, VA 22401
Regina Maloney (540) 373-3275
TheChildcareNetwork@hotmail.com
www.TheChildcareNetwork.org

14. The Planning Council

130 West Plume Street
Norfolk, VA 23510
Rogene Goans 757)627-3993 ext.3020
rgoans@theplanningcouncil.org

