



INHALED MEDICATION ADMINISTRATION: NASAL DROPS

Administering nasal drops to a child:

Complete PREPARATION PHASE

Complete ADMINISTRATION PHASE

Prepare:



1. Put on gloves.
2. Have the child blow his nose gently. If the child cannot blow his nose, gently wipe away any visible mucus with a tissue.
3. If soiled, remove the dirty gloves and discard using the appropriate technique.
4. Compare the nasal drops to the packaging.
5. If indicated, shake the medication.
6. Put on a clean pair of gloves if needed.
7. Have the child lie down with his head tilted back or sit with his head tilted back.
8. Draw up the medication into the dropper.
9. Let the child know he may taste the drops or spray.



Compare the child's medication consent form against the medication label for the **Five Rights** before administering the medication to the child.

- medication time dose route child's name

**Second
Check**

Administer:

1. Gently push up on the tip of the child's nose so you can see the nostrils. Insert the dropper just a little into the nostril (about 1/3 of an inch).
2. Ask the child to breathe through his nose.
3. Give the prescribed number of drops. Be sure to aim the dropper along the back wall of the nostril not straight up the nostril.
4. If the drop completely misses the child's nose, administer the drop again. *If any part of the drop gets into the nose, do not administer the drop again.*
5. If drops are needed in the other nostril, wipe the dropper with a tissue then administer the drops into the other nostril as instructed.
6. Wipe the dropper dry and return it to the medication bottle.
7. For an infant - wait 30 seconds and use a tissue to remove any loosened mucus. For a child - have the child keep his/her head tilted back for a minute or two if able. If the child coughs sit him/her upright immediately. Have the child blow his/her nose to remove the loosened mucus.
8. Remove gloves and discard using the appropriate technique.



Complete DOCUMENTATION PHASE