

INHALED MEDICATION ADMINISTRATION: NASAL SPRAYS

Administering nasal spray to a child:

Complete PREPARATION PHASE

Complete ADMINISTRATION PHASE

Prepare:



1. Put on gloves.
2. Have the child blow her nose gently.
3. If soiled, remove the dirty gloves and discard using the appropriate technique.
4. Compare the spray to the packaging.
5. If indicated, shake the medication.
6. Apply a new pair of gloves if needed.
7. Remove the cap from the bottle.
8. Have the child sit upright in a chair with her head tilted back.
9. Let the child know she may taste the medicine.



Compare the consent form against the medication label for the **Five Rights** before administering the medication to the child.

- medication time dose route child's name

**Second
Check**

Administer:

1. Place the tip of the sprayer about ½ inch into the nostril.
2. Plug the unused nostril with your finger.
3. Aim the sprayer straight up the nose and towards the inner corner of the child's eye.
4. Ask the child to hold her breath while you quickly squeeze the sprayer to release the spray.
5. Remove the sprayer.
6. Ask the child to breathe out through her mouth.
7. If the other nostril needs medication, wipe the sprayer tip and follow the same process for the other nostril.
8. Ask the child to keep her head back and to avoid blowing her nose for a minute or two if able. This will give the medicine time to work.
9. Wipe the tip of the sprayer and return it to the container. The sprayer may need to be periodically rinsed with warm water to prevent clogging.
10. Remove gloves and discard using the appropriate technique.



Complete DOCUMENTATION PHASE