



Eye Medication Administration: Ointment

Administering eye ointment to children:

Complete PREPARATION PHASE

Complete ADMINISTRATION PHASE

Prepare:



1. Put on gloves.

2. Clean the child's eye with a clean tissue wiping from the inside corner to the outside edge.



3. If soiled, remove gloves and apply a new pair.



4. Put on gloves if needed.

5. Have the child sit or lie down. Older children can usually sit for eye medication. You may find it easier to have a young child lie down.

6. Remove the ointment and compare it to the medication container.

Compare the consent form against the medication label for the **Five Rights** before administering the medication to the child.

medication time dose route child's name

Second
Check

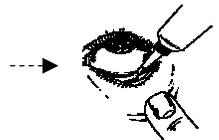
Administer:

1. If the child can follow directions, ask the child to look up and keep his eye open. With one hand, gently pull down the lower lid, making a pocket in the lower portion of the eye.

2. With the medication in your other hand rest your palm on the child's forehead to keep your hand steady. Bring the medicine to the child's eye coming from outside of where he can see.

3. Squeeze the bottom of the ointment tube gently and apply a thin stream of ointment evenly along the inside edge of the lower eyelid starting from the inside of the eye moving outwards.

Inside edge of eye



Do not touch the child's eye with the ointment tip.

4. Ask child to close his eye then rub the child's eyelid lightly in a circular motion to distribute the medication.

5. Wipe off excess ointment on the outside of the eye.

6. Wipe off the ointment tip with a clean tissue.

7. Repeat procedure for second eye if indicated. If gloves are soiled, put on a clean pair before administering ointment to the other eye.

8. Replace the ointment cap.

9. Remove and discard your gloves appropriately.



10. Follow any post-administration instructions such as "avoid bright lights".

Complete DOCUMENTATION PHASE