

SYMPTOMS OF ANAPHYLAXIS

**Anaphylaxis is a whole body response to an allergen.
Severe reactions occur quickly and are often life-threatening.**

Anaphylaxis frequently involves multiple body systems, primarily the respiratory system, the skin, the digestive system and the heart and blood vessels.

<p><u>Respiratory</u></p> <ul style="list-style-type: none">• Difficulty breathing• Difficulty swallowing• Wheezing• Swelling in mouth, tongue and throat	<p><u>Skin</u></p> <ul style="list-style-type: none">• Severe swelling, especially hands, face, lips, tongue and mouth• Red, itchy, raised patches of skin (hives) across large portion of body• Massive itching
<p><u>Digestive</u></p> <ul style="list-style-type: none">• Severe vomiting• Severe diarrhea• Severe abdominal cramps• A metallic taste or itching in the mouth	<p><u>Heart and blood vessels</u></p> <ul style="list-style-type: none">• Rapid heartbeat or racing heart• A sudden feeling of weakness or dizziness (feel faint)• Pale, cool and damp skin• Loss of consciousness (pass-out)

**If a child in your care shows *any* symptoms of anaphylaxis,
call 9-1-1 or first responder
immediately!**