

Access Better Kid Care's
On Demand Online Professional
Development System to:

- Create a free account
- Read the research-based module content
- Watch videos highlighting best practices
- Complete reflection activities
- Take the assessment
- Print your certificate of completion (*Preview modules for free. \$5 fee for certificate of completion.*)

extension.psu.edu/youth/betterkidcare • 800-452-9108



Supported in part with funds from the Office of Child Development and Early Learning, jointly overseen by the Departments of Human Services and Education.

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Brochure_SEL 03/20/17



PennState Extension



Social & Emotional Learning

Online Professional Development Resources

BETTER • KID • CARE

On Demand Modules

- Cultural Understanding: Building Solid Foundations
- Creating Special Moments with Infants and Toddlers
- Dealing with Anger - The Children's and Yours
- Death, Loss and Grief: Understanding How to Support Children
- Family Child Care: Support Infants and Toddlers
- Family Child Care: Support Preschoolers
- Foundations of Child Development for Child Care Center Teachers
- Foundations of Child Development for Family Child Care Providers
- Giving Your Best: Making Secure Attachments
- Guiding Behavior: Responding to Biting and Teaching Sharing
- Infant-Toddler Care: Emotional and Social Development
- Infant-Toddler Care: Guiding Behavior
- Interactions Matter: Positive Teacher-Child Interaction Strategies
- Move Beyond Time-Out to Responsive Caregiving (1 hr)
- Positive Youth Development: Building a Culture of Belonging
- PYD Foundations: Child and Youth Growth and Development
- PYD Foundations: Cultural Competency and Responsiveness
- PYD Foundations: Interactions with Children and Youth
- PYD Foundations: Youth Engagement
- Preschoolers' Emotional Development: Feelings and Managing Emotions
- Preschool Foundations: Nurture Interactions and Guide Behavior
- Problem Solving with Children
- Resilient Caregivers: 'Bouncing Back' from Stress
- Rock Solid: Building Positive Relationships, Birth-3 Years, Part 1
- Rock Solid: Building Positive Relationships, Birth-3 Years, Part 2
- Rock Solid: Enhancing Emotional Literacy, Birth-Age Three
- Rock Solid: Enhancing Emotional Literacy, Three-Five Years
- See as a Child, Feel as a Child
- Stress: Seeing with Optimism
- Three Core Concepts in Early Brain Development

Spanish available • Eligible for CEUs • Accepted for CDA

Adverse Childhood Experiences (ACEs)

- Adverse Childhood Experiences: Building Resilience
- Understanding Poverty: Strategies for Family Engagement

Research to Practice Tip Pages

- Building brain power: Executive function and young children
- Caring youth relationships
- Creating a peaceful environment for young children
- Creating a sense of place: Considering routine, ritual and belonging
- Emotion Talk: It's important!
- Emotional Wellness: Understanding Its importance
- Helping children with sad times
- Hold my hand: Gentle guiding for the misguided
- I'm so mad! (Helping children deal with anger)
- Interactions matter: What research says and what you can do!
- Relationships: The essential ingredient in caring for children and how you can support it!
- Self-regulation: Searching intentional practices – Approaches
- Self-regulation: Searching intentional practices – Environment
- School readiness begins at birth
- School readiness: How to support children's development
- Talking with preschoolers about emotions
- Temperament – What is it?
- The dance of kindness: Promoting goodwill in your program

Video Vodcasts

(with Discussion Starters & Great Ideas resources)

- Being There for Grieving Children
- BKC – Caregiver Sensitivity
- Cultural Understanding
- Executive Function Skills: Foster with Partner-time Play
- Stress: Seeing with Optimism

Eligible for CEUs • Accepted for CDA • Modules approved in most states