





### READ-A-BOOK PROGRAM

This program is administered and managed by Child Care Aware of Virginia under contract with VDSS.

This distance learning self-study program allows early childhood professionals to earn credit for training clock hours by reading children's literature and books on early childhood education and child development. The Division of Child Care and Early Childhood Development, a part of the Virginia Department of Social Services, collaborated with the Library of Virginia to place sets of books in each of the 350 public libraries across Virginia. The Read-A-Book Program focuses on the importance of incorporating children's literature across the curriculum, reading to and with young children daily, understanding early brain development, fostering language and literacy development, and communicating successfully with young children. This program currently offers two book report options for obtaining credit for training clock hours. You are encouraged to choose one or both to receive credit. You may read and report on more than one book, and be eligible to receive credit for training clock hours for each new book report submitted to Child Care Aware of Virginia for grading. All book report materials are free when accessed electronically. A \$20.00 processing fee will be due when you submit materials for grading.

#### Option 1: Reading Children's Literature Books with Children

Option 1 requires you to read two children's literature books to your children and then develop a book report for each book that describes the activities and projects you developed to support the story or theme of the book. You may choose from the infant and toddler books placed in each public library in Virginia (titles listed on page 6 of the Read-A-Book Program booklet), or you may choose to use two of your favorite children's books.

#### Option 2: Reading Professional Books

Option 2 requires you to read one of the professional books listed in the Read-A-Book Program booklet on page 3, and then complete the corresponding book report. Each Virginia public library has at least one copy of the professional development books listed in the Read-A-Book Program booklet.

#### To Participate in Either Option

- Download and print the Read-A-Book Program booklet, which includes book lists, instructions, and all forms required for participation in Option 1, and the list of professional development books and special instructions to participate in Option 2, by visiting the VDSS website at: [www.dss.virginia.gov/family/cc/readbook.cgi](http://www.dss.virginia.gov/family/cc/readbook.cgi), or the Child Care Aware of Virginia website at: [www.vachildcare.org](http://www.vachildcare.org), OR
- Request the Read-A-Book Program booklet via email at: [mamie@vachildcare.com](mailto:mamie@vachildcare.com). If you request the program booklet by email, please specify whether you would like to receive the program booklet via email or by U.S. mail, OR
- Request the Read-A-Book Program booklet via U.S. mail using the form below (this option includes a \$10 postage and handling fee to be paid upon request for materials).

**Librarians do not have the Read-A-Book Program materials.**

Cut Out or Photocopy

## READ-A-BOOK PROGRAM BOOKLET REQUEST FORM

### Mailing Address

Read-A-Book Program  
Child Care Aware of Virginia  
VDSS – Distance Learning  
308 Turner Road, Suite A  
Richmond, Virginia 23225

Please attach a check made payable to Child Care Aware of Virginia for \$10 to cover postage and handling when requesting Read-A-Book materials by U.S. mail.

Name: \_\_\_\_\_

Street Address (Where Materials Should Be Sent): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone Number (including area code): (     ) \_\_\_\_\_

Email Address: \_\_\_\_\_



### VIDEO TRAINING SERIES

The Virginia Department of Social Services (VDSS) offers two video-based training programs with study guides and testing materials. These programs are self-paced and child care professionals may earn four, six, or eight clock hours of training credit upon successful completion of the assessment materials.

#### To Participate

Child care professionals borrow the DVDs/videotapes and receive copies of the study guides and test materials from one of the eight regional licensing offices listed below. There is no cost for the study guides or testing materials. A twenty dollar (\$20.00) processing fee per person is charged when submitting the completed assessments for grading. A ten dollar (\$10.00) processing fee per person is charged if it becomes necessary to re-take an assessment.

To apply to receive credit for participation in either video series, each individual must complete the assessment materials for each program. Individuals must receive a passing grade to be awarded credit for training clock hours. Detailed instructions for participation are included with each study guide.

**1 – DSS 101 - The Whole Child - A Caregiver’s Guide to the First Five Years (TWC)** is a video series production developed by WTVS Detroit and the Merrill-Palmer Institute at Wayne State University in 1998. It is based on the textbook of the same name written by Joanne Hendrick, Professor of Early Childhood Education Emerita at the University of Oklahoma.

**2 – The Program for Infant/Toddler Caregivers (PITC)** was developed by WestEd and the California Department of Education. A team of experts in child development, child care, adult education, and print and video production was assembled to work with national and state advisors to create this video production. The goal of the program was to develop meaningful training materials based on sound principles and proven practices. The materials were developed for both center-based and family day home providers and focus on caring for infants and toddlers.

To reserve the DVDs/videotapes for participation in either video series training program, please call your regional licensing office listed below.

Central Licensing Office: .....	(804) 662-9773
Fairfax Licensing Office: .....	(703) 934-1505
Eastern Licensing Office: .....	(757) 491-3977
Valley Licensing Office: .....	(540) 332-2330
Peninsula Licensing Office: .....	(757) 247-8020
Piedmont Licensing Office: .....	(540) 204-9624
Northern Licensing Office: .....	(540) 347-6345
Western Licensing Office: .....	(276) 676-5655



### CHILD ABUSE & NEGLECT ONLINE COURSE

Two FREE online courses are available for child care providers who are mandated reporters. Please visit [www.dss.virginia.gov/family/cps/mandated\\_reporters/cws5691/index.html](http://www.dss.virginia.gov/family/cps/mandated_reporters/cws5691/index.html) for more information. Successful completion of either course provides 2 clock hours of training credit and all are welcome to take EITHER course.

***Child Abuse and Neglect: Recognizing, Reporting, and Responding for Educators*** (CWS5691), designed specifically for teachers and delivered via web pages that include videos that are delivered by RealPlayer.

***Mandated Reporters: Recognizing and Reporting Child Abuse and Neglect*** (CWS5692), developed for non-VDSS employees and delivered in Flash without videos.

### NATIONAL PROGRAM FOR PLAYGROUND SAFETY (NPPS) ONLINE TRAINING OPPORTUNITIES

NPPS offers online courses that target the needs of child care providers. Listed below are two options.

**Early Childhood Outdoor Play Inspectors (ECOPI)** is an interactive online course that gives child care providers, licensing consultants, administrators, and professionals from the health and safety disciplines the knowledge and understanding needed to inspect the outdoor play area for safety. Through pictures, discussion, readings, and assignments, participants will gain the experience needed to inspect the early childhood outdoor play environment. The National Association for the Education of Young Children (NAEYC) recognizes the ECOPI certificate to meet the Physical Environment 9.B.07 criteria.

- Length of Course – once coursework is begun, participants have up to four weeks to complete the course, which is self-paced
- Clock Hours – 12 hours
- CEUs – 1.2

**Playground Supervision for Child Care Providers** is an online course that gives child care providers the opportunity to learn supervision practices in an outdoor play environment. Through instructional videos, pictures, and written information, providers will learn new supervision techniques to implement in their facilities.

- Length of Course – Once coursework is begun, participants have up to two weeks to complete the course, which is self-paced.
- Clock Hours – 1 hour
- CEUs – 0.1

**To register:** Visit [www.playgroundsafety.org/training/online/index.htm](http://www.playgroundsafety.org/training/online/index.htm)

**For more information:** Contact the National Program for Playground Safety as listed below.

[www.playgroundsafety.org](http://www.playgroundsafety.org)

Phone: (800) 554-PLAY (7529) • Fax: (319) 273-7308 • Email: [playground-safety@uni.edu](mailto:playground-safety@uni.edu)

### BETTER KID CARE FROM PENN STATE

Department of Defense-funded Online Training – Need a course fairly quickly? Better Kid Care Distance Learning provides online courses that are research-based and presented using adult learning principles. The Department of Defense is funding provider training in areas with high density of Guard and Reserve families. In partnership with the University of Nebraska – Lincoln and Child Care Aware of Virginia, the DoD-funded training is available to Virginia licensed family child care providers or child care providers working in licensed facilities. Professional development credit hours will be offered and the cost is covered by the DoD. For providers not residing in designated high Guard and Reserve areas of the state, the training is available for \$5.00 per lesson. Courses range from 1-2 hour lessons on a wide variety of topics, including some for directors and instructors. Courses may be accessed by using this Web address: [www.betterkidcare.psu.edu/page02a.html](http://www.betterkidcare.psu.edu/page02a.html).



### TRAINING INFORMATION FOR PROVIDER SUCCESS (TIPS) CALENDAR

The **Training Information for Provider Success (TIPS) Calendar** permits for-profit, non-profit and governmental organizations to list child care provider training. The calendar lists all training opportunities in date order and provides a search feature that permits access to specific training, locations, and dates. VDSS offers this site as an informational service and does not endorse any non-VDSS training. The TIPS Calendar may be viewed at: [www.dss.virginia.gov/family/cc\\_providertrain/tips.cgi](http://www.dss.virginia.gov/family/cc_providertrain/tips.cgi).

### DIRECTOR'S TOOLBOX

The **Director's Toolbox**, a training aid for directors and staff members in child care/child development centers, is available in pdf format at: [www.dss.virginia.gov/family/cc\\_professionals\\_resources.cgi](http://www.dss.virginia.gov/family/cc_professionals_resources.cgi).

### VIRGINIA CHILD CARE PROVIDER SCHOLARSHIP PROGRAM

VDSS provides the **Virginia Child Care Provider Scholarship Program** that pays for college tuition and technology fees for child care providers. The program pays for either a maximum of eight courses or the current maximum lifetime award, whichever comes first, at Virginia's institutions of higher learning, and is funded through the Federal Child Care and Development Fund. To obtain more information call 1-866-636-1608 or visit the website at: [www.dss.virginia.gov/family/cc\\_scholarship.cgi](http://www.dss.virginia.gov/family/cc_scholarship.cgi).

### EARLY CARE & EDUCATION RESOURCE DOCUMENTS

It is vital that we provide the necessary foundation for Virginia's young children so they can be successful in life. Consequently, two documents have been developed by the Virginia Early Childhood Alignment Project Task Force to serve as guides to assist adults in their important roles with young children.

The **Milestones of Child Development** document articulates a research-based set of child indicators and strategies for adults designed to support the growth and development of young children from birth to kindergarten entry. Providers can use the Milestones to:

- plan quality learning experiences for children,
- select appropriate curriculum materials,
- provide information to parents to facilitate their child's development, and
- explain how their program benefits and facilitates children's development.

The **Competencies for Early Childhood Professionals** document articulates standards for competent practice, identifying what early childhood professionals must know, be able to do, and care about to provide quality early care and education. Providers may use the Competencies to:

- identify staff training needs and develop or update training offered in-house to staff,
- develop an individual plan for professional development or a tool for tracking training,
- develop job descriptions, hiring practices, and salary structures, and
- support the professional credibility of staff receiving education and training that are based on the competencies.

To download these valuable documents, visit the website at: [www.dss.virginia.gov/family/cc\\_professionals\\_resources.cgi](http://www.dss.virginia.gov/family/cc_professionals_resources.cgi).

### VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF PREVENTION & HEALTH PROMOTION

A FREE basic child passenger safety course for child care providers and other staff members is available through the Virginia Department of Health's Division of Prevention and Health Promotion. The 90-minute course is designed to give child care providers the basic knowledge of Virginia Child Passenger Restraint laws and information needed to properly restrain children during transport (e.g., type of seat needed based on child's age, height, and weight, proper placement in vehicle, etc.). In addition to requesting the training course, providers may also request to have a safety seat inspection for parents during pick-up of their children. To schedule a free class or safety seat inspection, or for more information, please contact Tobey Anne Allen at [tobey.allen@vdh.virginia.gov](mailto:tobey.allen@vdh.virginia.gov) or call (804) 864-7747.

### VIRGINIA DEPARTMENT OF LABOR & INDUSTRY, DIVISION OF REGISTERED APPRENTICESHIP

Did you know that you can achieve a journeyworker's card in the field of Child Care? Registered Apprenticeship is a training system combining on-the-job training with child care related instruction. Many child care providers in Virginia are exploring this option as a way to enhance the training of current staff and bring new employees into the profession. Depending on each individual's circumstances, scholarship funding for some of the required coursework may be available through the Virginia Child Care Provider Scholarship Program. For more information about the Virginia Child Care Provider Scholarship Program, visit: [www.dss.virginia.gov/family/cc\\_scholarship.cgi](http://www.dss.virginia.gov/family/cc_scholarship.cgi). Additionally, many of the classes in this catalog are already approved for credit toward an apprenticeship completion certificate. For more information about Registered Apprenticeship, contact this agency by email at: [apprenticeship@doli.virginia.gov](mailto:apprenticeship@doli.virginia.gov); call (804) 786-2382; or visit the agency website at [www.doli.virginia.gov](http://www.doli.virginia.gov).



### CHILD CARE AWARE OF VIRGINIA

**Child Care Aware of Virginia**, a statewide network, works to ensure that high-quality child care is available and accessible to families throughout Virginia. Child Care Aware of Virginia network members are local child care resource and referral (CCR&R) agencies that provide services to families, early childhood professionals, and communities. Child Care Aware of Virginia agencies link families to information about selecting quality child care and maintain regional databases of providers that link families with child care options.



CCR&R agencies help child care providers maintain and improve quality of care by offering technical assistance and training in their local communities. Many member

agencies have lending libraries for toys, equipment, and resources to enhance learning opportunities. Training sessions are scheduled by each member agency to meet the needs of their local providers and are offered via distance learning, as well as individual and group class sessions. In addition to providing their own training topics, Child Care Aware of Virginia member agencies provide training for providers using curricula such as, Wingspan's AI's Caring Pals for Family Child Care, ZERO TO THREE's Partnering with Parents: Preventing Child Abuse and Neglect\*, The Center on Social, Emotional Foundations for Early Learning's Promoting Social and Emotional Competence\*, Developing Your Family Child Care Business, and Dollars & Sense: Planning for Profit in Your Child Care Business.

#### **Child Care Aware of Virginia training topics include:** **AI's Caring Pals**

- Strengthening resilience by:
  - listening to children
  - teaching and encouraging use of feeling language and kind words
  - valuing children's individuality
  - developing children's creativity
  - guiding problem-solving
  - involving children meaningfully in daily activities
  - communicating clear norms about healthy choices

#### **Partnering with Parents: Preventing Child Abuse and Neglect**

- Building Collaborative Relationships
- Early Brain Development
- Social-Emotional Development
- Understanding Temperament
- The Influence of Culture
- Understanding and Responding to Abuse
- Responses to Troubled Parents
- Challenging Behaviors

#### **Promoting Social and Emotional Competence**

- Promoting Children's Success
- Social-Emotional Teaching Strategies
- Individualized Intensive Interventions
- Leadership Strategies

#### **Dollars & Sense: Planning for Profit in Your Child Care Business**

- The Provider Bill of Rights
- Contracts and Policies
- Rates, Fees, and Collection
- Effective Record Keeping
- Cash In, Cash Out
- Marketing Strategies
- Responsibilities of an Assertive Provider
- A Professional Business Plan

Scheduled training opportunities are listed on the VDSS TIPS Calendar at: [www.dss.virginia.gov/family/cc\\_providertrain/tips.cgi](http://www.dss.virginia.gov/family/cc_providertrain/tips.cgi).

To find the Child Care Aware of Virginia agency serving your community, contact the agency at 1-866-KIDS-TLC (1-866-543-7852), or visit the website at: [www.vachildcare.org](http://www.vachildcare.org).

Additional online training opportunities are provided by Child Care Aware of America at: [naccrra.smarthorizons.org/child-care-providers.html](http://naccrra.smarthorizons.org/child-care-providers.html).

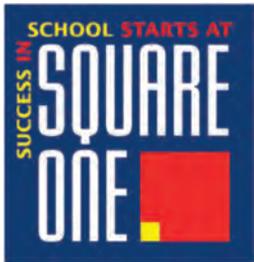
*\* Note: Continuing Education Units (CEUs) are available for this training when completed through a Child Care Aware of Virginia member agency.*



### SQUARE ONE

**Square One** offers prevention and early intervention (PEI) professional development training courses for child care providers/early childhood educators, home visitors, and parents. Training sessions will be held in 2-6 hour formats at various locations in Hampton Roads.

An **Audio/Web Conference Series** of 1-hour training sessions will be offered also. Participants will receive in-service training certificates upon completion of all trainings.



**NEW! Online Training available –** “Parental Health” and “Infant Development- 0-12 months” online courses are available on the Square One website in a 1-hour, self-paced format. Visit [www.SqOne.org](http://www.SqOne.org).

#### PEI courses include:

- Parent/Child/Teacher Interaction
- Dynamics/Indicators of Child Abuse & Neglect
- Infant Care/Development/Health (0-12 mo., 13-36 mo., 37 mo. - 5 yrs.)
- Growing a Brain & Advanced Brain Development
- Mindful of Cultural Diversity
- Infant/Toddler Milestones of Development
- Language Development/Emerging Literacy
- Working with Resistant Parents
- Mental Health
- Introduction to the “Early Childhood Environment Rating Scale” (ECERS)

Visit [www.SqOne.org](http://www.SqOne.org) to view a course calendar and follow registration/payment procedures. For more information, contact Square One at [info@sqone.org](mailto:info@sqone.org) or call (757) 552-0293.

**“Training Scholarships” are provided...Register early!**

### THE VIRGINIA INFANT & TODDLER SPECIALIST NETWORK

The **Virginia Infant & Toddler Specialist Network** strives to achieve excellence in early care by increasing the educational level and skills of those who care for infants and toddlers, whether in family homes or in centers. Through eight regional offices, 15 infant and toddler specialists provide three levels of service to those who care for children 0-36 months:

- on-site consultation, mentoring, and support for selected programs using quality improvement plans,
- training and technical assistance including webinars and audio conferences to groups of caregivers/teachers and directors, and
- resources and linkages to existing professional development opportunities.



Please visit the Network’s Web site at [www.va-itsnetwork.org](http://www.va-itsnetwork.org) to obtain contact information about the infant and toddler specialist(s) in your area.

Upcoming statewide professional development opportunities provided by the Virginia Infant & Toddler Specialist Network include audio conferences and webinars, 1-2-3 READ! training, Celebrating Babies and Tots institutes, and other training for early care providers who care for infants and toddlers in group settings. This information can be found on the Network’s website. Check [www.va-itsnetwork.org](http://www.va-itsnetwork.org) often for training topics, dates, locations, and registration information.

The Virginia Infant & Toddler Specialist Network is a program of Child Development Resources, [www.cdr.org](http://www.cdr.org), and is supported by the Virginia Department of Social Services (VDSS) Grant # 93.575, with funds made available to Virginia from the U.S. Department of Health and Human Services.



### REDUCING THE RISK OF SIDS IN CHILD CARE

A FREE online course, entitled *Reducing the Risk of Sudden Infant Death Syndrome (SIDS) in Child Care!*, has been made available through the American Academy of Pediatrics (AAP) Healthy Child Care America. The course is designed to educate everyone who cares for babies, including child care providers, grandparents, health care professionals, babysitters, parents and relatives.

In one hour, participants will learn how to create a safe sleep environment to reduce the risk of SIDS and other sleep-related deaths. With an easy to use format, this course is available 24/7 from your home computer! Child care providers will receive a certificate of completion for 1.0 contact hour.

For information on how to access this FREE online course and for information and materials on how to reduce the risk of SIDS, visit [www.healthychildcare.org/sids.html](http://www.healthychildcare.org/sids.html).

