



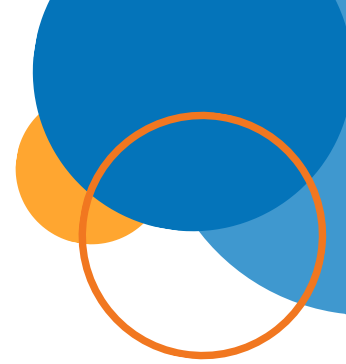
**WELCOME**

**to the Community of**

**Eastern Shore**



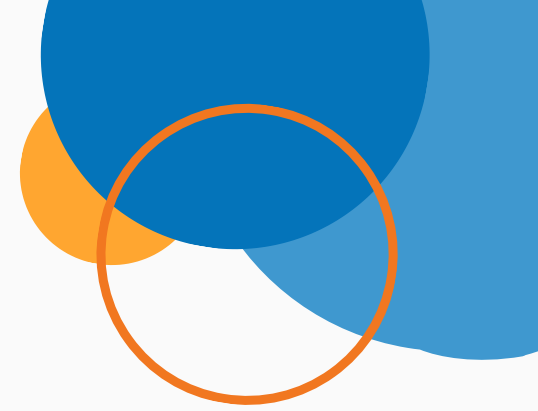
# TABLE OF CONTENTS



About ONA .....	<b>03</b>
Reminder .....	<b>04</b>
How to read this handbook .....	<b>05</b>
General Health & Mental Health .....	<b>07</b>
Food / Clothing & Housing / Shelter .....	<b>09</b>
Family Support .....	<b>11</b>
Legal Assistance .....	<b>12</b>
Financial Support .....	<b>13</b>
Employment Services .....	<b>14</b>
Acknowledgments .....	<b>16</b>



# WHO WE ARE...



The Office of New Americans (ONA) was established in 2020 to promote the economic and civic success of Virginia's diverse immigrant communities. The Office is comprised of an Immigrant Services unit and Refugee Services unit (formerly known as the Office of Newcomer Services).

The Immigrant Services unit is responsible for the implementation of a statewide strategy to provide immigrants with comprehensive assistance related to employment, housing, healthcare, education, citizenship, and other services for which they may be eligible.

The ONA Advisory Board advises Virginia's Governor on ways to improve state policies and programs to support the integration of immigrants in Virginia.

**This handbook was created in collaboration of ONA Immigrant Services, VDSS, and AmeriCorps. The Office of New Americans welcomes you to Virginia.**



The Office of New  
Americans

# REMINDER!














This handbook was created for you and your family to have at access to low-cost/ free resources, services, and support you need in order to feel a part of your community. Connect, learn about these resources and feel part of the community. Please share with us about any recommendations you may have or changes in the information found in the resources. Your feedback is welcomed and will aid us greatly in creating a better handbook for years to come!



# HOW TO READ THIS HANDBOOK



<b>Community Support</b>		<b>Financial Services</b>	
<b>Housing/Shelter</b>		<b>Food/Clothing</b>	
<b>Family Support</b>		<b>General Health</b>	
<b>Legal Non-Profit</b>		<b>Mental Health</b>	
<b>Education</b>		<b>Dental Health</b>	
<b>Employment Services</b>			

All sections are categorized by services within the Eastern Shore region. With each service is a name, address, phone number, email, brief information, and language support if available.

**EXAMPLE:**



Organization Name  
123 Address road  
000-000-000  
www.website.org  
Service Information  
Addition information.  
Cost,  
Hours 9 am- 6pm  
Language Available





# Eastern Shore Resources





# GENERAL HEALTH

## **Accomack County Health Department**

23191 Front St. Accomack, VA 23301

757-787-5880

<https://www.vdh.virginia.gov/eastern-shore/>

Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more.

Hours: Monday - Friday 8:15 am - 5:00 pm

## **Northampton County Health Department**

7114 Charles M Lankford Jr. Memorial Hwy. Nassawadox, VA 23413

757-442-6228

<https://www.vdh.virginia.gov/eastern-shore/>

Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more.

## **Westmoreland Outreach Clinic**

16340 King Highway Montross, VA 22520

804-493-9999

<https://www.cvhsinc.org/westmoreland>

[info@cvhsinc.org](mailto:info@cvhsinc.org)

Offers medical, dental, pharmacy, and behavioral health services.

Accepts most major insurance and dental plans; including Medicare, Medicaid, and HMO's and has sliding fee costs for uninsured patients.

Hours: Monday & Friday, 8:30 am - 5:00 pm Tuesday & Thursday 8:30 am - 8:00 pm, Wednesday 8:30 - 12:30 pm.

## **Eastern Shore Rural Health**

20280 Market St. Onancock, VA 23417

757-414-0400

<https://www.esrh.org/>

[info@esrh.org](mailto:info@esrh.org)

Provides medical, dental, and behavioral health services.

Offers sliding fee costs based on income.

English - Haitian Creole - Spanish: Website Translation



# MENTAL HEALTH

## **National Counseling Group**

36076 Lankford Hwy Belle Haven, VA 23306

1-877-566-9624

<https://www.ncgcommunity.com/belle-haven>

[referral@ncgcare.com](mailto:referral@ncgcare.com)

Offers child & family mental health services and various therapy treatments.

Accepts Medicaid & Private Insurances.

Has locations throughout VA.

## **Eastern Shore Community Service Board**

24233 Lankford Highway Tasley, VA 23441

757-442-3636

<https://escsb.org/>

Provides mental health services, developmental disabilities services, and more.

Accepts Medicaid and Medicare.

Hours: Monday - Friday 8:30 am- 5:00 pm.

Multilingual: Accessibility adjustment tool





# FOOD / CLOTHING

## **Warsaw United Methodist Church**

287 Main Street Warsaw, VA 22572

<https://www.warsawumc.org/ministries-and-outreach>

Provides a local community food pantry for those in need.

Hours: 1st Friday of each month

## **Hands Across Middlesex**

7485 General Puller Highway Locust Hill, VA 23092

804-758-2044

<https://www.handsacrossmiddlesex.org/>

[handsxmdx@gmail.com](mailto:handsxmdx@gmail.com)

Offers a free food pantry, mobile food pantry, mobility ramps, a clothing closet, free flu shots, and more.

Food Pantry Hours: 2nd and 4th Tuesday of the month

Clothing Closet: 1st Thursday of the month 11:00 am - 3:00 pm.



# HOUSING / SHELTER

## **Eastern Shore Coalition Against Domestic Violence**

130 Market St. Onancock, VA 23417

24/7 Hotline: 757-787-1329

Offers shelter, advocacy, outreach & education, children's services, clinical counseling and more.

## **Light House Ministries Inc.**

18317 N R North St. Keller, VA 23401

757-787-2535

Offers services for families and a shelter.

Call for more information.

Hours: 10:00 am - 4:30 pm.



# FAMILY SUPPORT

## **East Cost Migrant Head start Program (Parksley)**

20344 Lankford Highway Parksley, VA 23421

757-331-4897

<https://www.ecmhsp.org/virginia>

[lweeks@ecmhsp.org](mailto:lweeks@ecmhsp.org)

Provides migrant farmworkers and their children with disability services; early childhood education; Early Head Start (serving pregnant women, infants, and toddlers), parenting education; adult education in financial literacy, computer basics, ESL classes, healthcare assistance, transportation services and more.

Spanish - Haitian Creole: Website translation



# EDUCATION

**PEATC (Parent Educational Advocacy Training Center)**

403 Holiday Court, Suite 104 Warrenton, VA 20186

Toll-Free number: 1-800-869-6782

703-923-0010

<https://peatc.org/>

[partners@peatc.org](mailto:partners@peatc.org)

Offers services in early childhood, family engagement, Latinx outreach, military outreach, special education, college planning, and programs for youth.

Spanish: Bilingual staff

*Does not have a physical address for this area, but serves all of Virginia - Call for more information*



# LEGAL ASSISTANCE

## **Legal Aid Works (Tappahannock)**

311 Virginia St. Tappahannock, VA 22560

804-443-9393

<https://www.legalaidworks.org/>

LAWtapp@LegalAidWorks.org

Provides free, high-quality, civil legal assistance to low-income individuals and families.

Accepts Medicaid & Private Insurances.

Has a lot of locations throughout VA.

## **dLCV (The disAbility Law Center of Virginia)**

1512 Willow Lawn Drive, Suite 100 Richmond, VA 23230

1-800-552-3962

<https://www.dlcV.org/>

info@dLCV.org

Provides information and referral, legal representation, technical assistance, short-term assistance, systemic advocacy, monitoring and training for people with disabilities.

*Does not have a physical address for the area, but serves all of Virginia - Call for more information*

## **Legal Aid Justice Center**

1-866-534-5243

<https://www.justice4all.org/>

Provides immigration advocacy, a youth justice program, and a civil rights and racial justice program.

Services are free and clients can self refer.

Spanish - French - German - Chinese (Mandarin) - Korean : Website translation

*Does not have a physical address for this area, but serves all of Virginia - Call for more information*



# FINANCIAL SERVICES

## **River Counties Community Foundation**

834 Rappahannock Dr. White Stone, VA 22578

804-436-1600

<https://www.rivercountiescf.org/Grantseekers/Overview>

Offers grants and scholarships.

## **Enroll Virginia**

Statewide Toll-free Hotline: 1-888-392-5132

<http://www.enrollva.org/>

[info@enroll-virginia.com](mailto:info@enroll-virginia.com)

Provides free application assistance, and in-person/ virtual help on health insurance options available through HealthCare.gov, Medicaid, and FAMIS.

Spanish: Twitter and Instagram website

***Does not have a physical address for this area, but serves all of Virginia - Call for more information***



# EMPLOYMENT SERVICES

## **Rappahannock Region AHEC – Northern Neck**

52 Campus Drive Warsaw, VA 22572

804-333-6777

<https://www.vhwda.org/initiatives/ahec/rappahannock-region>

Offers health professions career studies, internships, training and job opportunities.

Spanish - Haitian Creole: Website translation



# ACKNOWLEDGEMENTS

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Thank you to the Immigrant Services team at the Office of New Americans, the Virginia Department of Social Services, and to AmeriCorps. We hope that this handbook helps you and your family feel apart of the community when you connect to resources that exist in your city. We believe that this handbook can be a beacon of hope and encouragement for immigrant populations to have information about the existing services and resources in their communities.