

# WELCOME

### to the Community of

# **Shenandoah Valley**





## TABLE OF CONTENTS

About ONA	03
Reminder	04
How to read this handbook	05
Staunton, Agusta & Waynesboro	06
Harrisonburg & Rockingham	22
Fredrick County & City of Winchester	37
Shenandoah County	43
Page County	<b>48</b>
Acknowledgments	54

## WHO WE ARE...



The Office of New Americans (ONA) was established in 2020 to promote the economic and civic success of Virginia's diverse immigrant communities. The Office is comprised of an Immigrant Services unit and Refugee Services unit (formerly known as the Office of Newcomer Services).

The Immigrant Services unit is responsible for the implementation of a statewide strategy to provide immigrants with comprehensive assistance related to employment, housing, healthcare, education, citizenship, and other services for which they may be eligible.

The ONA Advisory Board advises Virginia's Governor on ways to improve state policies and programs to support the integration of immigrants in Virginia.

This handbook was created in collaboration of ONA Immigrant Services, VDSS, and AmeriCorps. The Office of New Americans welcomes you to Virginia.



The Office of New Americans



## **REMEMBER!**

This handbook was created for you and your family to have at access to low-cost/ free resources, services, and support you need in order to feel a part of your community. Connect, learn about these resources and feel part of your community. Please share with us about any recommendations you may have or changes in the information found in the resources. Your feedback is welcomed and will aid us greatly in creating a better handbook for years to come!







## **HOW TO READ THIS HANDBOOK**

Community Support	*	Financial Services	•••
Housing/Shelter		Food/Clothing	Ŭ
Family Support	<b>∕</b> ∰`	General Health	Ð
Legal Non-Profit	ΔŢΣ	Mental Health	<b>@</b>
Education		Dental Health	Ħ
Employment Services		Childcare	1

**EXAMPLE:** 

All sections are categorized by counties within the Valley region. Within each county is a list of resources categorized by service type. With each service is a name, address, phone number, email, brief information, and language support if available.

> Organization Name 123 Address road 000-000-000 www.website.org Service Information Addition information. Cost. Hours 9 am- 6pm Languages avaliable



# Staunton, Augusta and Waynesboro





### **GENERAL HEALTH**

#### Waynesboro Health Department

1414 N. Augusta Street, Staunton, VA 24401 540-332-7830

Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more.

Free Covid-19 shots. Ages 5+. Hours: Monday - Friday 8:00 am - 4:30 pm

(All Waynesboro Health Department services will temporarily be transitioned to the Staunton Augusta Health Department location the current Waynesboro Health Department location will be closed to the public as we transition to a new location. new location will open in the Spring of 2023)

#### **Augusta Health Mobile Clinics**

932 Fir St. Waynesboro, VA 22980 540-492-5008

Offers free health, blood pressure and diabetes screenings. Also provides Covid-19 vaccines as well as flu vaccines. Services are available every month (dates and times are subject to change).

#### **Comfort Care Women's Health**

1305 13th St. Waynesboro, VA 22980
540-885-6261
https://www.facebook.com/ComfortCareWomensHealthWaynesboro/ contact@ccwomenshealth.org
Has free ultrasounds, adoption, pregnancy education and other professional services.
Hours: Monday - Friday 8:00 am - 5:00 pm



### **MENTAL HEALTH**

#### **Arrow Project**

11 Middlebrook Ave Staunton, VA 24401 540-255-0972 https://arrow-project.org/

Mental health therapy. Accepts self-referral and referral from other health providers.

All ages welcome to receive services. Serves Waynesboro and Augusta county residents.

#### Valley Community Service Board

85 Sanger's Lane Staunton, VA 24441 540-887-3200 https://www.myvalleycsb.org/ myvalleycsb@gmail.com Serves Staunton, Waynesboro, and Augusta and Highland counties. Clients can receive behavioral health, substance use therapy, developmental services. Most services are available via telehealth. VA Medicaid accepted. All ages welcome to receive services. Hours: Monday - Friday 8:00 am - 5:00 pm

#### **ELK HILL - Children Family Service**

PO Box 929 Staunton, VA 24441 804 457-4866 ext. 37 https://www.elkhill.org/ Offers early intervention and support for children in school and in home. Medicaid accepted. New clients can self-refer.

#### Mental Health America of Augusta

101 W Frederick St #206 Staunton, VA 24401 540-886-7181 https://mha-augusta.org/ mhaaugustacounty@gmail.com Provides a mental health resource directory as well as advocacy, screenings, and educational resources. Hours: Monday – Friday 9:00 am – 5:00 pm

#### **Staunton Pathways Family Preservations Services**

246 Rolla Mill Rd. Staunton, VA 24482 540-248-5510 https://fpscorp.com/staunton-office/ info@fpscorp.com Provides mental health services and therapy as well as mentoring and in-home services.

#### **National Counseling Group**

512 B North Coalter Street Staunton, VA 24401
1-877-566-9624
https://www.ncgcommunity.com/
referral@ncgcare.com
Offers child & family services as well as various therapy treatments.
Hours: 9:00 am – 5:00 pm
Accepts Medicaid & Private Insurance.

#### **Comprehensive Behavioral Health TMS Treatment**

#### Center

25 Myers Corner Drive Staunton, VA 24401 540-688-2646 www.getbacktoyou.com questions@getbacktoyou.com Provides psychiatric services, medication management, therapy, and mental health treatments.

#### Heller Murphy and Phineo Counseling

322 Lee Way Verona, VA 24482 540-416-2621 https://www.hmpcounseling.com/ info@322counseling.com Provides counseling services for all ages.

#### Valley Hope Counseling Center

20 Stoneridge Dr #202 Waynesboro, VA 22980 430-941-8933 http://valleyhopecc.org/ valleyhope@ntelos.net Counseling and therapy.



### **DENTAL HEALTH**

#### The Augusta Regional Free Clinic

342 Mule Academy Road Fishersville, VA 22939
540-221-6723
https://www.augustaregionaldentalclinic.org/
Provides dental services in Augusta County and Waynesboro.
Medicaid Accepted. Dental services are available for all with insurance or for those with no insurance.
All ages are welcome to receive services.



### **HOUSING / SHELTER**

#### **New directions Center**

404 S Wayne St. Waynesboro, VA 22980 540-886-6800 24/7 Crisis Hotline: 540-886-6800 https://www.newdirectionscenter.org/ Dedicated to providing support and advocacy to those affected by domestic violence. Provides shelter and various support services and support groups for families. Hours: Monday – Friday 8:30am – 4:30pm

#### **The Salvation Army**

900 B Street Waynesboro, VA 22980 540-943-7591 https://salvationarmypotomac.org/waynesborovacorps/ WaynesboroVA@uss.salvationarmy.org Offers emergency assistance for rent, mortgage or utility. Provides a food pantry as well. Hours: Monday - Friday 9am -12pm, 1pm - 4pm

#### Warm

1035 Fairfax Waynesboro, VA 22980 540-324-8166 https://www.warmwaynesboro.org/ Provides a service to those who are homel

Provides a service to those who are homeless or at imminent risk of homelessness in the area. They also provide mental health care, substance abuse referrals, case management, job search assistance, and much more.

#### Valley Mission Support + Hope

2800 B Main Street Waynesboro, VA 22980 540-943-4395 https://www.valleymission.net/ Provides shelter and support for the homeless.

### **FOOD / CLOTHING**

#### **Blue Ridge Food Bank**

96 Laurel Hill Rd. Verona, VA 24482
540-248-3663
https://www.brafb.org/
Distributes the food to hundreds of partner agencies throughout the communities.
Some languages provided as well as bilingual staff.
Call to find a food bank or food resources near you.

#### **Project Grows**

608 Berry Farm Rd. Verona, VA 24482 804-690-3369 https://www.projectgrows.org/ communications@projectgrows.org Outreach programs include farmer's markets, farm-to-school events, community events, cooking classes, school garden projects, and more.

#### **Helping Hands Food Pantry**

2212 Cortland Street Waynesboro, VA 22980 540- 949- 8670 http://www.westwaynesboro.com/ministries/helping-hands-foodpantry.html

On the 2nd & 4th Mondays of each month, there is a food pantry open to anyone in the community who needs a helping hand. The back door to the building (closet to the dumpster) is unlocked at 9:30 A.M. Food distribution continues until all have received some assistance. Paperwork is required to be filled out upon receiving food for the first time.

#### **First Presbyterian Church Food Bank**

249 S Wayne Avenue Waynesboro, VA 22980
540-949-8366
church@firstpresway.com
Provides a food bank for residents in the area.
Hours: 6:00 – 8:00 pm (first and third Thursday of each month)
2:00 - 4:00 pm (second and fourth Thursday of each month)

#### Main Street United Methodist Church Food Pantry

601 W Main St Waynesboro, VA 22980 540-942-1179 https://mainst-umc.org/get-involved/food-pantry/ mainstumc@gmail.com Supplies a pantry with food and household items. Hours: 9:30 am – 11:00 am

#### Love Inc.

123 Tinkling Spring Road Fishersville, VA 22939540-221-2955https://www.loveincswa.org/Offers a thrift store, educational classes, clothing vouchers, prayer and support. Can help those in need to get household furniture and items and connections to community resources.

#### **Fishersville UMC**

1600 Jefferson Highway Fishersville, VA 22939 540-779-0640 https://fishersvilleumc.org/food-pantry/ office@fishersvilleumc.org Provides a food pantry. Hours: Tuesdays 12:00 pm – 2:00 pm

#### **Erma Food Pantry**

300 4th Street Grottoes, VA 24441 540-249-5893 https://www.facebook.com/ERMAfoodpantry/ Provides a local food pantry for those in need. Hours: Mondays 6:30 pm - 7:00 pm

#### Calvary Food Pantry 2179 Stuart Draft Highway Stuarts Draft, VA 24447 540-337-2980 http://calvarydraft.com/food-pantry.html Food Pantry is open to the surrounding community to share food, hope, and faith. Hours: Monday-Thursday 2:00 pm - 5:00 pm The Food Pantry at Calvary United Methodist Church is an Equal Opportunity Provider and serves all people.

#### **Central United Methodist Food Pantry**

14 N. Lewis Street Staunton, VA 24402540-886-3441Centralum@centralumcstaunton.orgOffers a food pantry and a delivery pantry every month.Hours: Every Wednesday and Saturday from 10:00 am – 11:30 am.

#### **First Baptist Church Food Pantry**

406 West Fredrick Street Staunton VA 24401 540-886-8333 https://www.fbclife.com/food-pantry/ info@fbclife.com Provides a food pantry. Hours: Open on the third and fourth Thursday every month from 9:00 am -11:00 a.m.

#### **Marquis Memorial UMC**

1614 W Beverly St. Staunton, VA 24401 540-886-1176 http://marquismemorial.org/Food%20Pantry Provides a food pantry. Hours: Wednesdays 9:00 am – 11:00 am

#### **Staunton SDA Church Food Pantry**

1000 N Coalter St Staunton, VA 24401 540-886-8081 http://staunton22.adventistchurchconnect.org/ministries Provides a food pantry for families in need. Hours: Open each week on Tuesdays 9:30 am – 11:00 am

#### **Churchville Community Food Pantry**

17 Buffalo Gap Road Churchville, VA 24421 540-885-3009 https://www.foodpantries.org/li/churchville\_community\_food\_pantry \_24421 Provides a food pantry Hours: 3rd Tuesday every month 7:00 – 9:00 pm

#### Lyndhurst UMC

2835 Lyndhurst Rd. Lyndhurst, VA 22952 540-943-0857 http://lyndhurstumc.com/church-ministries/ Offers a food pantry program. Hours: 2nd Thursday 5:00 pm-6:30pm Pre-registration required

### **EDUCATION**

#### **SHINE Shenandoah Initiative for Adult Education**

937 Fir Street Waynesboro, VA 22980 540-271-1873 https://www.shineadulted.org/ Offers ESL classes, GED classes, citizenship classes, and Career Readiness Certificates. All services are free.

#### Valley Career and Technical Center

49 Hornet Rd. Fishersville, VA 22939 540-245-5002 Offers Adult GED, HS Diploma, English, Citizenship classes.

### **PEATC (Parent Educational Advocacy Training Center)**

Toll-Free number: 1-800-869-6782 703-923-0010 https://peatc.org/ partners@peatc.org Offers services in early childhood, family engagement, Latinx outreach, military outreach, special education, college planning, and programs for youth. Spanish: Bilingual staff Staunton/ Augusta Adult Learning Center

49 Hornet Road Fishersville, VA 22939 540-245-5083 https://www.stauntonaugustaadultlearningcenter.com/ Offers ESL classes, GED tests, citizenship classes, and more.

#### Learn English and Reading Now Inc.

49 Hornet Road Fishersville, VA 22939 540-256-2673 https://www.learnva.org/ learnva@gmail.com Provides tutoring and group classes for English learners. All services are free and confidential. Chinese (Mandarin) – Spanish – Vietnamese: Bilingual staff and language support. Se habla Español.

#### **On the Road Collaborative** 85 West Gay Street Harrisonburg, VA 22802 540-360-1123 https://www.ontheroadcollaborative.com/our-programs/ contact@ontheroadcollaborative.com

Provides an academic coaching and career program for 6th-12th graders. Also offers an English language literacy program.



### **COMMUNIITY SUPPORT**

#### SIN BARRERAS Waynesboro office

932 Fir St. Waynesboro, VA 22980
waynesboro@sinbarrerascville.org
540-492-5008
Educate, support and serve the immigrant community focusing on the
Hispanic population of Staunton, Augusta County and Waynesboro.
Hours: Monday-Thursday 2:00 pm - 6:00 pm

#### **Embrace Community Center**

932 Fir St. Waynesboro, VA 22980540-324-7006https://embracewaynesboro.org/Offers community gardens, educational class, food, tutoring, and a clothes closet.

#### **Artis Transitions**

306 Ann Street Staunton, VA 24401 614-886-7439 https://artistransitions.com/ info@artistransitions.org Supports families facing financial or social problems. Provides job training, financial assistance, medication and medical service, food, car repairs and health referrals.

#### **SACRA**

205 N. Augusta St. Staunton, VA 540-886-3957

https://cfcbr.org/2018-community-grant-proposals/staunton-augustachurch-relief-association/ Provides services for low-income families such as emergency assistance, food, medication, and utilities assistance. Hours: Tuesday, Wednesday, and Friday, 9:00 am – 11:30 am.

#### United Way Staunton, Waynesboro & Augusta County

24 Idlewood Blvd Staunton, VA 24401 540-885-1229 https://www.unitedwayga.org/ Provides a prescription assistance program, an Imagination librarypromote early childhood literacy, tax assistance program, emergency food and shelter program, and a head start program, childcare preschool birth to 5 years old.

#### Virginia Cooperative Extension

13 Government Center Lane Verona, VA 24482540-245-5750https://augusta.ext.vt.edu/Offers nutrition classes, youth programs, community leadership programs, agriculture and natural resources.

#### Blue Ridge Community Foundation

117 S Lewis St P.O. Box 815 Staunton, VA 24401540-213-2150https://cfcbr.org/info@cfbr.orgGives out scholarships, grants, and access to a network of non-profitsin the Blue Ridge Area.



### **FAMILY SUPPORT**

#### **ARC of Augusta**

1025 Fairfax Avenue Waynesboro, VA 22980 540-943-1618 https://thearcofaugusta.org/ arc102@ntelos.net Provides support for families and individuals with developmental disabilities (DD).

#### **Boys and Girls Club Waynesboro**

302 E Main Street Waynesboro, VA 22980 540-949-4516 https://www.openthebluedoor.org/ admin@bgcwsa.org Creates opportunities for children to participate in art, education, health & wellness, leadership & services, sports & recreation. Services available in Staunton and Waynesboro.

#### **Central Shenandoah Valley Office on Youth**

Rosenwald Community Center 413 Port republic Rd Waynesboro, VA 22980 540-942-6757 https://www.officeonyouth.com/ Provides juvenile offenders' classes, parent support, and other support programs for teens. Parenting classes for parents.

#### **Central Shenandoah Valley Office on Youth**

600 Nelson Street Staunton, VA 24401 540-332-3806 https://www.officeonyouth.com/ Provides juvenile offenders' classes, parent support, and other support programs for teens.

New directions Center 110 W. Johnson St. Suite 102 Staunton, VA 2440 540-886-680 24/7 Crisis Hotline: 540-886-6800 https://www.newdirectionscenter.org/ Dedicated to providing support and advocacy to those affected by domestic violence, sexual assault, human trafficking, and stalking. Provides shelter and various support services and support groups for families.

#### Shenandoah LGBTQ Center

13 W. Beverly St. 5th floor Staunton, VA 24401 540-466-3320 https://www.shenlgbtqcenter.org/ hello@shenlgbtqcenter.org Offers a safe space and support for the LGBTQIA+ community with peer groups, health and wellness services, and housing.

#### Valley ASAP (Alcohol Safety Action Program)

240 N. Central Avenue, Suite B. Staunton, VA 2440 540-886-5616 https://valleyasap.org/

Offers services to Juvenile & Domestic Relations Courts, and local school jurisdictions. Provides education and treatment programs for youth about education alcohol and drugs.

#### Valley Children Advocacy Center

1105 Greenville Ave. Staunton, VA 24401540-213-0592https://valleychildrenscenter.org/Child abuse advocacy center-mental health counseling, education.

#### Virginia Organizing

434-984-4655 https://www.facebook.com/HarrisonburgRockinghamCountyVirginia Organizing info@virginia-organizing.org Advocates for equal access, well-being, and fair housing to create change in the community.

#### Shenandoah Valley Head Start

1020 Jefferson Highway Fishersville, VA 22939 540-942-7111

https://headstartva.org/va\_program\_directory/shenandoahvalley-consortium-for-head-start-early-head-start/ Provides a program for children from birth to age 5, which provides services to promote academic, social and emotional development for income-eligible families.

#### Infant and Toddler Connection

Staunton/Waynesboro 68 Dick Huff Ln. Verona, VA 24482 540-245-5133 https://infantva.org/ Offers early intervention program for children with disabilities or medical conditions. Services are available for infants & toddlers (0-36 months). Sliding Scale payment.



### **CHILD CARE**

Casa de Amistad 668 Highland Ave, Waynesboro, VA 22980 540-649-4050 Offers after School Program for Kids from K- 5 and a backpacks program in summer time. Christmas program in December. All Services are FREE. Spanish: Bilingual staff.

### **LEGAL ASSISTANCE**

#### Blue Ridge Casa for Children

540-213-2272 http://www.blueridgecasa.org/ info@blueridgecasa.org Provides a court appointed special advocate who ensures a child's needs are being met in the welfare system. Services the counties of Rockingham, Augusta, and Rockbridge, as well as the independent cities of Harrisonburg, Staunton, Waynesboro, Lexington, and Buena Vista.

#### dLCV (The disAbility Law Center of Virginia)

1512 Willow Lawn Drive, Suite 100 Richmond, VA 23230 1-800-552-3962 https://www.dlcv.org/ info@dLCV.org Provides information and referral, legal representation, technical assistance, short-term assistance, systemic advocacy, monitoring and training for people with disabilities.

Does not have a physical address for the area, but serves all of Virginia - Call for more information

#### SIN BARRERAS Waynesboro office

932 Fir St. Waynesboro, VA 22980 waynesboro@sinbarrerascville.org 540-492-5008

Can help connect you with organizations that provide legal advice or trusted lawyers that you can consult for a fee. Hours: Monday-Thursday 2:00 pm - 6:00 pm

#### Legal Aid Justice Center

1-866-534-5243
https://www.justice4all.org/
Provides immigration advocacy, a youth justice program, and a civil rights and racial justice program.
Services are free and clients can self refer.
Spanish - French - German - Chinese (Mandarin) - Korean :
Website translation

#### **Just Neighbors**

703-979-1240https://www.justneighbors.org/info@justneighbors.orgOffers immigration legal services.Legal aid to persons eligible for immigration benefits.Translation Services available



### **BUSINESS**

#### **Staunton Creative Community Fund**

32 N Augusta St. Suite d. Staunton, VA 24401 540-213-0333 https://stauntonfund.org/ Offers business start-up loans, and business support.

#### **Changing Lives**

250 E Market St Suit C2, Harrisonburg, VA 22802 540- 607-8396 https://www.cambiandovidas.info/ Offers services that help prepare tax returns for individuals or small businesses. Offers advice on completing immigration forms, credit repair, notary public services, document translations and advice on buying a home.

Call or visit the website for more information. Spanish: Bilingual staff and website translation Hours: Monday - Friday 10:00 am - 6:00 pm Saturday: 10:00 am - 2:00 pm



# Rockingham & Harrisonburg





### **GENERAL HEALTH**

#### Harrisonburg/ Rockingham Health Department

110 North Mason Street Harrisonburg, VA 22801
540-574-5101
https://www.vdh.virginia.gov/central-shenandoah/
Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment)
Sexually Transmitted Infections (STIs). Environmental services and more.
Free Covid-19 shots. Ages 5+.
Hours: Monday - Friday 8:00 am - 4:30 pm

#### Sentara Blue Ridge Free Clinic

831 MLK Jr. Way Harrisonburg, VA 22801
540-705-0337
www.blueridgefreeclinic.org
email: admin@blueridgefreeclinic.org
Services Available wholistic health care, labs, X-rays, emergency dental care, social work, chronic disease guidance, mental health services, medication assistance. No barriers no clinic fees. Interpreter services.

#### Cooks Creek Clinic- Dr. A Blay

2323 Grace Chapel Rd, Harrisonburg, VA 22801540-459-1700Offers general medical services.Insurance is not required but there is a charge for consultation.Call for consultation.Spanish: Bilingual staff

#### Ava Care of Harrisonburg

833 M.L.K. Jr. Way Harrisonburg, VA 22801
540-434-7528
https://avacareforyou.org/
Offers pregnancy testing, ultrasounds, pregnancy consultations,
STI/STD testing, information on emergency contraception, and men's mentoring.
All services are free.

#### Harrisonburg Community Health Center (FQHC)

1380 Little Sorrell Dr., #100 Harrisonburg, VA 22801 540-433-4913 http://www.hburgchc.org/ hchc@hburgchc.org Provides the following services; pediatric, dental, behavioral health, women's health, prenatal care, care management, and pharmacy. Accepts Medicaid and Medicare and has sliding fees for those who are uninsured. All ages are welcome. Spanish – Arabic: Interpreters & Resources

#### **Suitcase Clinic**

800 South Main Street Harrisonburg, VA 22807 540-908-1789 https://hhs.jmu.edu/suitcaseclinic/ Medical attention for the homeless.



### **MENTAL HEALTH**

#### Harrisonburg Community Service Board

1241 N. Main St Harrisonburg, VA 22802 540-434-1941 https://www.hrcsb.org/

Provides behavioral health wellness and prevention, autism services, development disabilities services, Infant and toddler services, mental health supportive services, psychiatric services schools base services, substance abuse services, 24/7 Emergency Services and various case management services. Accepts Medicare and Medicaid. All ages are welcome.

#### **National Counseling Group**

590 Neff Ave Ste 5000 Harrisonburg, VA 22003 1-877-566-9624 www.ncgcommunity.com/harrisonburgreferral@ncgcare.com Offers child & family services and various therapy treatments. Accepts Medicaid & Private Insurances. Has locations throughout VA.

#### **Brain Injury Connections of Shenandoah Valley**

755 Martin Luther King Office 1137 Harrisonburg, VA 22801
540-568-8923
http://www.bicsv.org/
info@bicsv.org
Offers support services for mental health and development of life skills.
All services are free and available to all ages.
Must have documented brain injury and legal status to receive services and live in Shenandoah Valley.
Spanish: Application available in Spanish

#### **Community Counseling Center**

96 Campbell St. Harrisonburg, VA 22801 540-433-1546 https://hbccc.org/ Provides professional counseling services. Accepts insurance, self-pay, Medicaid and sliding fee based on income.



### **DENTAL HEALTH**

#### Sonrisas Family Dentistry 1587 Port Republic Rd. Suite 2 Harrisonburg, VA 22801 540-437-9422 https://www.sonrisasfamilydentistry.com/ Offers children's dentistry, cosmetic dentistry; general & family dentistry and restorative dentistry. Hours: Monday – Thursday 9:00 am – 4:00 pm. Major health plans accepted; low cost Spanish: Bilingual staff Call to book or go online to book an appointment.

#### Healthy Community Healthy Centers (HCHC)

1491 Virginia Avenue, Harrisonburg, VA 22802
540-433-4913
https://www.hburgchc.org/
Provides health services including dental care.
Accepts all major insurances including Medicare and Medicaid.
Has sliding fee discount for uninsured individuals and families.
Hours: Monday - Friday 7:30 am - 6:00pm
Multilingual: Interpreter Services



### **HOUSING / SHELTER**

#### **Mercy House**

305 N High St. Harrisonburg, VA 22801540-432-1812http://www.themercyhouse.org/Offers programs combating poverty and homelessness in Harrisonburg, Virginia.

#### **Open Doors**

771 Duke Drive Harrisonburg, VA 22807
540-705-1980
https://www.valleyopendoors.org/contact-us
A homeless shelter for individuals 18+.
Hours: Monday - Friday 6:30pm – 7: 00 am

Salvation Army 895 Jefferson St Harrisonburg, VA 22802 540-433-2785 Offers emergency Shelters for individuals and families. Registration is at 4:00pm everyday.

**Bridges of Hope** P.O. box 535 Harrisonburg, VA 22803 540-478-2356 https://hr.bridgeofhopeinc.org/ Helps homeless families find shelter. Call for more information.

### **FOOD / CLOTHING**

#### **Blessed Sacrament Catholic Church**

2 E Wolfe St., Harrisonburg, VA 22802 540-434-4341 https://www.bsccva.org/ office@bsccva.com Provides a food pantry at the Holy Family Center. Spanish – Bilingual staff

#### **Emmanuel Episcopal Church Food Pantry**

660 South Main Street Harrisonburg, Virginia 22801 540-434-2357 https://www.emmanuelharrisonburg.org/food-pantry office@emmanuelharrisonburg.org Provides a food pantry for those in need. Hours: Monday – Tuesday 10:00 am – 12:00 pm

#### **Hope Distributed**

#### (Harrisonburg First Church of the Nazarene)

1871 Boyers Rd. Harrisonburg, VA 22801540-578-3510https://www.hopedistributed.org/Offers, food, shelter, clothes closet, and furniture store.

#### **Mission Central Harrisonburg**

1704 Smithland Rd. Harrisonburg, VA 22802 540-433-2382 http://missioncentralharrisonburgva.com/ Provides a children's clothes closet and other items 2nd and 4th Wednesday of each month: 10:00 am - 1:00 pm 3rd Tuesday of each month: 5:00 pm - 7:00 pm 2nd and 4th Thursday of each month: 5:00 pm - 7:00 pm Spanish: Bilingual Staff.

#### **Patchwork Pantry**

70 South High St. Harrisonburg, VA 22801 540-433-2148 https://www.patchworkpantry.org/ patchworkpantry@gmail.com Provides a food pantry every week. Hours: Wednesdays 6:30 pm – 7:30 pm

Stay in your car when receiving food and wear a mask.



### **FINANCIAL SERVICES**

#### People helping people

281 E Market St. Harrisonburg, VA 22801540-433-7286https://www.phpharrisonburg.org/phpinfo.help@gmail.comProvides financial assistance through community support.Must bring documentation of income.

#### **Enroll Virginia**

Statewide Toll-free Hotline: 1-888-392-5132 http://www.enrollva.org/ info@enroll-virginia.com Provides free application assistance, and in-person/ virtual help on health insurance options available through HealthCare.gov, Medicaid, and FAMIS. Spanish: Twitter and Instagram website

#### **Harrisonburg Education Foundation**

1 Court Square Harrisonburg, VA 22801430-434-9916https://www.harrisonburgeducationfoundation.com/Offers education grants and scholarships.

### **CHILD CARE**

#### Second Home

281 E Market St Harrisonburg, VA 22801 540-432-7989 https://secondhomeva.com/ secondhomeharrisonburg@gmail.com Provides childcare that includes snacks and transportation to and from school. The child/ren must attend Spotswood Elementary, Smithland Elementary, and Waterman Elementary.

#### **Child Care Conexion**

2000 Beery Rd, Harrisonburg, VA 22801 540-433-4531

https://www.facebook.com/groups/2027783094164596/ Offers assistance to families looking for full-time or partial childcare. Offers parenting classes and support groups for parents.

Call to find out if you are eligible for the child care program and parenting class groups. Spanish: Bilingual staff



### **EMPLOYMENT SERVICES**

Virginia Career Works

160 N Mason St. Harrisonburg, VA 22801 540-433- 4864 https://vcwvalley.com/contact/ vinefigncp@gmail.com Provides resources for job seekers.



### **EDUCATION**

#### JMU: The Gus Bus

755 Martin Luther King Jr Way Harrisonburg, VA 22801
540-568-5251
https://www.iihhs.jmu.edu/thegusbus/contact.html
gusbus@jmu.edu
Brings free academic enrichment to children where they live
throughout Harrisonburg, and the counties of Page and Shenandoah.
Programs include hands-on learning, after-school learning, health and
wellness support, homework assistance, in-home tutoring and
summer camps.
All services are free.

#### **On the Road Collaborative**

85 West Gay Street Harrisonburg, VA 22802 540-360-1123 https://www.ontheroadcollaborative.com/our-programs/ contact@ontheroadcollaborative.com Provides an academic coaching and career program for 6th-12th graders. Also offers an English language literacy program.

#### **Skyline Literacy**

160 N Mason St. Harrisonburg, VA 22801 540-433-0505 https://www.skylineliteracy.org/ shenk@skylineliteracy.org Offers ESL classes and citizenship classes.

### **FAMILY SUPPORT**

#### Sentara Hand and Hand Resource Mothers Program

Sentara RMH Atrium, 2000 Beery Road Harrisonburg, VA 22801 540-564-7151

https://www.sentara.com/healthwellness/community-healthprograms/hand-in-hand-resource-mothers.aspx Parenting classes and resources for those ages 19 years or younger. Bilingual staff.

#### Sentara Healthy Families of Blue Ridge Parenting Program

Sentara RMH Atrium, 2000 Beery Road Harrisonburg, VA 22801 540-564-5661 https://www.sentara.com/healthwellness/community-health-

programs/healthy-families-of-blue-ridge.aspx Offers parenting support program and resources for new families.

#### Infant and Toddler Connection of

#### Harrisonburg/Rockingham

463 E Washington St. Harrisonburg, VA 22802
540- 433-3100
https://www.itcva.online/lsm-directory-and-quicklinks-1
Provides child development, early childhood intervention programs, and resources for families.

#### First Step a response Inc- Domestic Violence

129 Franklin St. Harrisonburg, VA 22801
540-434-0295
https://www.firststepva.com/
Provides emergency shelter, domestic violence counseling, legal advocacy, family services, case management, and rapid rehousing.
All services are free and confidential.
Has a 24/7 multi-lingual interpretation.

#### **Family Life Resource Center**

273 Newman Ave Harrisonburg, VA 22801
540-434-8450
https://www.flrc.org/
services@flrc.org
Offers family, parenting, and life skills support.
Hours: Monday – Thursday 8:30am-4:30pm
After hours available by appointment only.
Must have insurance to get free services however scholarships are available.

#### **Collins Center & Child Advocacy Center**

217 S Liberty #205 Harrisonburg, VA 22801 540-432-6430 https://www.thecollinscenter.org/ info@thecollinscenter.org Advocacy center that has services for men, women, and children who have been victims of sexual assault. Se habla Español: Bilingual Staff

#### **Strength in Peers**

917 N Main St Unit 1 Harrisonburg, VA 22801540-217-0869https://strengthinpeers.org/Offers peer support groups, recovery programs, a resource center, mentoring and family support.All services are free.

#### Way to go Inc

317 S. Main Street Harrisonburg, VA 22801
540-705-7201
http://w2ginc.org/
Helps families get their cars repaired or fixed. Can help low-income families purchase a vehicle or receive transportation to work.
No Self-Referral.
Cost varies by service type.

#### **Kingsway Prison and Family Outreach**

2217 South Main St. (dukes plaza) Harrisonburg, VA 2280540-433-5658https://www.kingswayoutreach.org/Provides re-entry programs for released offenders and their families.

#### 24 Hour Emergency Services for Harrisonburg/ Rockingham

**Harrisonburg, VA** 540-434-1766

#### JMU Shenandoah Migrant Education Program

220 University Blvd. Harrisonburg, VA 22801 540-568-3666 http://www.iihhs.jmu.edu/svmep/ Ensures that all migrant students reach challenging academic standards and graduate with a high school diploma or complete a GED. Spanish: Bilingual staff

#### **Big Brothers Big Sisters**

225 N High St #3 Harrisonburg, VA 22801540-433-8886http://www.bbbshr.org/info@bbbshr.org.Offers mentoring programs in school and in the community.Free mentoring services for youth. Clients can self-refer.

### **LEGAL ASSISTANCE**

#### **Blue Ridge Legal Services**

204 N. Main St. Harrisonburg, VA 22801 430-433-1830 http://brls.org/ Offers free civil and legal assistance to low-income residents of the Shenandoah Valley and Roanoke Valley of Virginia.

#### Lexington Office (Blue Ridge Legal Services)

215 South Main Street Lexington, VA 24450 540-463-7334

Virginia - Call for more information

#### dLCV (The disAbility Law Center of Virginia)

1512 Willow Lawn Drive, Suite 100 Richmond, VA 23230
1-800-552-3962
https://www.dlcv.org/
info@dLCV.org
Provides information and referral, legal representation, technical assistance, short-term assistance, systemic advocacy, monitoring and training for people with disabilities.
Does not have a physical address for the area, but serves all of

#### Blue Ridge Casa for Children

540-213-2272 http://www.blueridgecasa.org/ info@blueridgecasa.org Provides a court appointed special advocate who ensures a child's needs are being met in the welfare system. Services the counties of Rockingham, Augusta, and Rockbridge, as well as the independent cities of Harrisonburg, Staunton, Waynesboro, Lexington, and Buena Vista.

### Commonwealth's Attorney Office: Rockingham County & the City of Harrisonburg

53 Court Square, Suite 210 Harrisonburg, VA 22801
540-564-3350
https://www.rockinghamcountyva.gov/293/Commonwealths-Attorney
Provides a no cost attorney for victims of crimes in cases accepted by the commonwealth.
Call before 5:00 pm



### **COMMUNITY SUPPORT**

#### New Bridges Immigrant Resource Center

64 West Water Street. Harrisonburg, VA 22801 540-438-8295 https://www.newbridgesirc.org/ info@newbridgesirc.org Provides low-cost immigrant representation, referrals to immigrant community resources and other services. Hours: Monday – Friday 9:00 am – 4:30 pm Spanish – French - Arabic: Document translation

#### **Our Community Place**

17 East Johnson Street Harrisonburg, VA 22802
540-208-5572
https://ourcommunityplace.org/
info@ourcommunityplace.org
Offers food, mental health, low-cost lockers, a free laundry mat, shows, telephone, Wi-Fi, and more.

#### **Telamon Corporation**

39 south Main street Harrisonburg, VA 22801540-208-5757https://www.telamon.org/where-we-work/virginia/Offers workforce & career services, housing and financial guidance, and educational services.

#### Valley Associates for Independent Living (VPAS)

3210 Peoples Dr #220 Harrisonburg, VA 22801
540- 433-6513
https://govail.org/
Provides independent living skills training, waiver assistance, home modification and information/ referrals.
All services are free.
For ages 60+.

#### Valley Program for Aging Services

975 S High St. Harrisonburg, VA 22801 540-615-5341 https://www.vpas.info/

Offers food and nutrition services, educational workshops, home and community based services, information/ referrals, insurance, and long term care.

For ages 60+.

#### **Futuro Latino Coalition**

755 Martin Luther King Jr. Way Office 2253 Harrisonburg, VA 22081

540-568-5284

https://www.futurolatinocoalition.com/our-history-and-values Substance use prevention for Youth Latino community & General resources for Latinx community. Spanish: Bilingual staff

#### Vine & Fig Community Project

715 N. Main St. Harrisonburg, VA 22802540-432-3696https://www.vinefigncp.org/Offer homes for the housing of insecure and refugee families, and has a community garden.

#### **Fairfield Center**

590 Neff Ave Suite 3000, Harrisonburg, VA 22801 540-5434-0059 https://www.fairfieldcenter.org/ Offers services for personal dispute or divorce, stuck with disagreements and confusion in the workplace, or struggling to find a peaceful solution to a contentious problem within your community, Fairfield has experienced professional facilitators and trainers who can help you. Spanish: Bilingual staff

#### **Changing Lives**

250 E Market St Suit C2, Harrisonburg, VA 22802 540- 607-8396

https://www.cambiandovidas.info/

Offers services that help prepare tax returns for individuals or small businesses. Offers advice on completing immigration forms, credit repair, notary public services, document translations and advice on buying a home.

Call or visit the website for more information.

Spanish: Bilingual staff and website translation Hours: Monday - Friday 10:00 am - 6:00 pm Saturday: 10:00 am - 2:00 pm



# Fredrick County and Winchester City





## **GENERAL HEALTH**

#### **Fredrick Health Department**

10 Baker Street Winchester, VA 22601 540-722-3470 https://www.vdh.virginia.gov/lord-fairfax/ Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more.

Free Covid-19 shots. Ages 6 months+. Spanish: Bilingual staff

Serving the City of Winchester and the counties of Clarke, Frederick, Page, Shenandoah, and Warren.

#### Free Medical and Dental Clinic of the Northern Shenandoah Valley

301 N. Cameron St, Ste. 100 Winchester, VA 22601 540-536-1680

Provides primary medical services, sick visits, dental and pharmacy. Offers health education programs for those without insurance or resources to become insured. Hours: Monday & Friday 8:30 am - 5:00 pm Tuesday & Thursday 2:00 pm - 5:00 pm

Tuesday & Thuisday 2.00 pm - 5.00 pm

#### Shenandoah Community Health -Winchester

1330 Amherst St C, Winchester, VA 22601 540-722-2369 https://www.shencommhealth.com/

Offers check-ups, medical and physical exams, medication assistance, cardiovascular and cholesterol operations, hypertension treatment, children and adolescent services, women's health, mental health, dental, pediatrics, and more.

Call for more information. No appointment necessary.

Hours: Monday - Friday 8:45 am - 11:15 am & 1:15 pm - 3:45 pm.



## **MENTAL HEALTH**

#### Winchester Community Mental Health Center Inc. PHP

36 Ricketts Drive Winchester, VA 22601

540-535-1112

https://winchestercmhc.com/

Provides mental health treatment as well as a variety of therapy and counseling. Offers programs & services for children, adolescents, and adults.

Medicaid, VA and WV Medicaid, Private Insurance, FAPT Funding, and self-pay are accepted. Accepts clients ages 6+.

#### **National Counseling Group**

817 Cedar Creek Grade Suite 202 Winchester, VA 22601
1-877-566-9624
https://www.ncgcommunity.com/winchester
referral@ncgcare.com
Offers child & family services, and various therapy treatments.
Accepts Medicaid & Private Insurances.

#### Northwestern Community Services Board

158 Front Royal Pike, Suite 200 Winchester, VA 22602 540-667-8888

http://www.nwcsb.com/

Offers an array of outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by emotional/behavioral disorders, mental illness, substance use, and intellectual disabilities and developmental disabilities



## **FOOD / CLOTHING**

#### **CCAP** Winchester

112 South Kent Street Winchester, VA 22601 540-662-4318

Serves Winchester and Frederick County residents. May obtain groceries once a month, including produce, eggs, meat, cheese, milk, pet supplies (dog/cat food, cat litter), household/laundry products, and hygiene products. May also obtain clothing once a month, including shoes, baby supplies. Provides limited financial assistance for rent, utilities, medical expenses, car insurance, daycare expenses. Hours: Monday – Thursday. 8:30 am – 2:00 pm Friday 8:30 am – 11:30 am

Must provide current proof of residency and bill to be paid to determine whether assistance is provided.

#### Victory Church Food Bank/Olive Branch Food Pantry

2870 Middle Road Winchester, VA 22601540-667-9400Currently provides drive-through service only.Hours: Wednesdays 9:30 am – 12:00 pm

#### Winchester Rescue Mission Food Distribution

435 North Cameron St. Winchester, VA 22601 540-667-5379

Food distribution is open to anyone in the community needing food for themselves and their families. Community meals are open to the Winchester community. Also provides emergency shelter. Hygiene services (shower and laundry facilities). Hours for Breakfast: 7:00 am – 8:00 am Lunch: 11:00 am – 12:30 pm Dinner: 5:00 pm – 6:00 pm Hygiene service hours: Tuesdays and Thursdays for men at 11:30 am – 1:30 pm and for women by appointment.

#### Hope Again Care Center

213 South Braddock St. Winchester, VA 22603
540-450-8935
Each family that receives grocery assistance and hot meals.
Hours: Tuesday - Wednesday 10:00 am – 2:00 pm
1st – 4th Saturday 9:00 am – 12:00 pm



## **FAMILY SUPPORT**

#### Healthy Families of the Northern Shenandoah Valley

301 North Cameron St, Suite 101 Winchester, VA 22601
540-536-4113
http://healthyfamiliesnsv.org/
sschoono@valleyhealthlink.com
Provides education and support for all families.
All services are free and voluntary.

Potential clients must fill out a referral form. Serves clients from Frederick, Clarke, Warren counties and the city of Winchester.

#### **The Laurel Center**

P.O. Box 14 Winchester, VA 22604
540-635-2302
24-hour Hotline: 540-667-6466
https://thelaurelcenter.org/
Offers emergency shelter and a 24/7 hotline as well as free therapy and counseling.



## **COMMUNITY SUPPORT**

#### **The Laurel Center**

P.O. Box 14 Winchester, VA. 22604
https://thelaurelcenter.org/
tlc.info@thelaurelcenter.org
24/hour Helpline: 540-667-6466
540-667-6160
Offers help to people experiencing and overcoming sexual and domestic violence and other forms of abuse through advocacy, education, and support. Offers support services to children between ages 5 - 17 that have been victims of domestic violence. Also offers support programs to find jobs, housing, and other resources in the community.
Call for more information.

#### **People Inc. (Woodstock Office)**

135 South Main Street Woodstock, VA 22664 540-459-9096 www.peopleinc.net info@peopleinc.net Offers business workshops, training, and a resource guide for low income individuals and families.

#### Winchester Pathways Family Preservations

#### Services

3363 Shawnee Dr. Suite 1 Winchester, VA 22602 540-535-0043 https://fpscorp.com/winchester-page/ info@fpscorp.com Offers mental health treatment, mentoring, crisis intervention and therapy.

#### Winchester Rescue Mission

435 N Cameron St. Winchester, VA 22601540- 667-5379info@winrescue.orgProvides help to men and women against homelessness, poverty, and gives them the support to build a better life.



## Shenandoah County





## **GENERAL HEALTH**

#### Shenandoah County Health Department

494 North Main St. Suite #100 Woodstock, VA 22664 540-459-3733

https://www.vdh.virginia.gov/lord-fairfax/

Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more.

Free Covid-19 shots. Ages 6 months+.

Serving the City of Winchester and the counties of Clarke, Frederick, Page, Shenandoah, and Warren.

#### Shenandoah County Free Medical and Dental Clinic

124 Valley Vista Drive, Woodstock, 22664 540-459-1700 https://shenclinic.org/

Offers check-ups, medical and physical exams, medication assistance, cardiovascular and cholesterol operations, hypertension treatment, children and adolescent services, women's health, mental health, dental, pediatrics, and more. Call for more information. Hours: Monday - Thursday 8:30 am - 5:30 pm



## **MENTAL HEALTH**

#### **National Counseling Group**

505 North Main Street Suite 101 Woodstock, VA 22601 1-877-566-9624 https://www.ncgcommunity.com/woodstock referral@ncgcare.com Offers child & family services including support, therapy, and treatment. Accepts Medicaid & Private Insurances.

#### Northwestern Community Services Board

494 North Main Street, Suite 300 Woodstock, VA 22664 540-459-5180 24-hour Emergency Services: 540-635-4808 Concern Hotline: 540-743-3733 http://www.nwcsb.com/ Offers an array of outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by emotional/behavioral disorders, mental illness, substance use, and intellectual disabilities and developmental disabilities

#### **Shenandoah County Free Medical**

124 Valley Vista Drive, Woodstock, 22664
540-459-1700
https://shenclinic.org/
Chequeos, Exámenes Médicos y Físicos; Ayuda con Medicamentos;
Manejo de la Diabetes; Manejo de Enfermedades Cardiovasculares y
Colesterol; Tratamiento de la Hipertensión; Servicios para Niños y
Adolescentes; La salud para la mujer; Salud mental; salud dental,
pediatria y mas. Llame para mas informacion.
Horario de servicios: Lunes a Jueves de 8:30 a 5:30 pm



## **FOOD/ CLOTHING**

#### Shenandoah Thrift Store & Food Pantry

600 Comer Lane Shenandoah, VA 22849 540-652-8780 https://www.vapageone.org/food-pantry Provides a low cost thrift store and a food pantry. Thrift Store Hours: Monday – Friday 10:00 am – 3:00 pm, Saturday 9:00 am – 12:00 pm Food Pantry Hours: Monday, Wednesday, and Friday 10:00 am – 3:00 pm



## **COMMUNITY SUPPORT**

#### People Inc. (Woodstock Office)

135 South Main Street Woodstock, VA 22664540-459-9096www.peopleinc.netinfo@peopleinc.netOffers business workshops, training/ technical assistance, and aservice directory for low-income individuals and families in need.

#### **Response INC**

P.O. Box 287, Woodstock, VA, 22664
https://www.responseva.org/
24/hour Helpline: 540-459-5161
540-459-5599

Offers help to people experiencing and overcoming sexual and domestic violence and other forms of abuse through advocacy, education, and support.

#### Alliance for a Shelter

135 South Main Street, 2nd Floor, Woodstock, Virginia 22664

http://www.allianceforshelter.com/home.html 540-271-1701

Provides help to prevent homelessness. Offers temporary rent financial assistance through financial aid housing programs. The availability of these programs change throughout the year. To receive assistance clients must document their urgent crisis and have low-income.

Call and leave a message to know if you qualify. Visit the website for more resources.



## Page County





## **GENERAL HEALTH**

#### **Page County Health Department**

75 Court Lane Luray, VA 22835 540-743-6528 https://www.vdh.virginia.gov/lord-fairfax/ Offers Covid-19 Vaccines, Health Services (WIC, Maternity Services, Immunizations, Blood pressure screening, Dental Services, School physical, Tuberculosis testing and treatment), Car seats, Sexually Transmitted Infections (STIs). Environmental services and more. Free Covid-19 shots. Ages 6 months+.

Hours: 8:00 am - 4:30 pm

Serving the City of Winchester and the counties of Clarke, Frederick, Page, Shenandoah, and Warren.

#### **Page Free Clinic**

250 Memorial Drive Suite C Luray, VA 22835 540-743-1054 https://pagefreeclinic.org/ Basic lab work, prescription assistance program, diabetes support, personalized exercise programs, women's health program, behavioral health program, dental services, and testing of HIV & HEP-C. Serving the uninsured and offering a sliding scale. Hours: Every Tuesday 4:00 pm – 7:00 pm



## **MENTAL HEALTH**

#### Northwestern Community Services Board

136 General Drive, Suite 300 Luray, VA 22835
540-743-4548
24-hour Emergency Services: 540-635-4808
Concern Hotline: 540-743-3733
http://www.nwcsb.com/
Offers an array of outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by
emotional/behavioral disorders, mental illness, substance use, and intellectual disabilities and developmental disabilities



## **LEGAL ASSISTANCE**

#### **Commonwealth's Attorney Office: Page County**

116 South Court Street, Suite D, Luray, VA 22835540-743-4517 or call 540-743-4951 (victim witness number)Offers a victim witness program for those who have been victims of crimes.



## **COMMUNITY SUPPORT**

#### Page County Social Services

215 West Main Street Suite A Stanley, VA 22851 540-778-1053 http://pagecounty.virginia.gov/190/Social-Services Offers a benefits assistance program including; child care assistance, energy assistance, Medicaid, SNAP/EBT and TANF, and more. Hours: 8:30 am – 5:00 pm



### **FAMILY SUPPORT**

Choices (Luray) 216 West Main Street Luray, VA 540-743-4414 http://choicesofpagecounty.org/ supportline@choicesofpagecounty.org Offers support services for victims of domestic violence, abuse, or sexual assault. Hours: 24/7

#### **Healthy Families Page county**

540-778-4071 https://shenandoahpage.wixsite.com/healthyfamilies/about-Eempowers families by connecting them to community resources and offering in-home services parenting classes.





## ACKNOWLEDGEMENTS

Thank you to the Immigrant Services team at the Office of New Americans, the Virginia Department of Social Services, and to AmeriCorps. We hope that this handbook helps you and your family feel apart of the community when you connect to resources that exist in your city. We believe that this handbook can be a beacon of hope and encouragement for immigrant populations to have information about the existing services and resources in their communities.



