

From: Licensing [mailto:DSS_LICENSING@LISTSERV.COV.VIRGINIA.GOV] **On Behalf Of** Williams, Edwina (VDSS)
Sent: Wednesday, December 20, 2017 2:14 PM
To: DSS_Licensing
Subject: DSS/VCU Webinars Available Online
Importance: High

This file with an attachment is being sent to adult day care centers from the Virginia Department of Social Services Email Distribution Service.

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Good Afternoon,

Attached please find the information for all three webinars that we have presented to date. As a reminder, this information will be available online for one year after the initiation date. You may sign up at any time to view the webinars-the live recordings are included as well. Once you have completed a 4-part series (each of the 3 trainings has 4 parts) you will receive your training certificate.

Thank you,

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THREE FOUR-PART WEBINAR SERIES

Developed by the VCU Department of Gerontology in collaboration with the Virginia Department of Social Services for professional caregivers in **Adult Day Care** settings.

Dementia: It's Not Just Alzheimer's

OBJECTIVES

At the end of this training, participants will have an increased understanding of:

- Person Centered Care
- Symptoms of depression in older adults
- Symptoms of dementia in older adults
- Ability to differentiate between depression and dementia
- Forms of dementia due to diagnoses other than Alzheimer's disease, as well as delirium and alcoholic dementia

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Gerontology Boot Camp

OBJECTIVES

At the end of this training, participants will have an increased understanding of:

- The biological, psychological, sociological, and spiritual **norms of aging**.
- Current **trends and research** in Gerontology and its application to work in adult day settings.
- Aging-related **stereotypes and myths** and ability to identify those which perpetuate **ageism**.
- How to **educate others** about normal aging processes.

[REGISTER HERE](#)

Navigating Loss, Loneliness and Aging

OBJECTIVES

At the end of this training, participants will have an increased understanding of:

- The difference between **grief** and **loss**.
- The areas of life that loss can impact
- How to work toward a "**new normal**."
- Activities and resources for navigating loss.
- **Person Centered Care** as it relates to loss.
- The importance of **self-care** for the professional
- The relationship between **loss, loneliness, and social isolation**.
- **Risk factors** for loneliness and social isolation.
- **Health consequences** of loneliness and social isolation
- Health benefits of **social connection**
- Activities for enhancing connectivity

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Registration and payment of \$15 per person is required to participate in all webinar series. All three series can be accessed through the [online webinar hub](#). Certificates of completion for each series will be issued upon completion of all four parts of the webinar series, the online certificate request form, and evaluation form. Each series requires participants to register and pay separately. Each series requires a separate certificate request form and evaluation.

Contact the VCU Department of Gerontology with questions: 804-828-1565 or agingstudies@vcu.edu