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Date: Fri, Feb 28, 2020 at 12:10 PM

Subject: Free Providers Training for ALF & ADCC in Eastern and Peninsula Regions -
Nutritional Needs/Medication Safety

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The attached file is being sent to assisted living facilities and adult day care centers in the Eastern and Peninsula regions.

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Nutritional Needs/Medication Safety

At the end of this training, participants will have an:

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- Increased understanding of the basic nutrition and hydration needs of adults in long-term care.
- Increased understanding of the relationship between nutrition and physical and cognitive functioning in older adults.
- Increased understanding of the role of nutrition in chronic disease care of older adults.
- Increased understanding of the implications of food and drug interactions in older adults.
- Increased ability to apply strategies for preventing medication-related problems.
- Increased ability to describe drug interactions, adverse drug events, overuse, underuse, inappropriate prescribing and non-adherence.
- Increased ability to describe symptoms that may indicate that an older adult is experiencing a medication-related problem.
- Increased ability to explain why older adults are at risk for experiencing a medication-related problem.
- Increased ability to identify strategies to prevent medication-related problems in older adults

Who Should Attend?

Professional caregivers working in ALF or ADCC settings.

Certificates of attendance will NOT be provided for late arrivals or early departures.



VCU Gerontology
College of Health Professions

When: April 7, 2020 – 9am until noon

Where: Eastern Regional Licensing Office
420 North Center Drive Building
Suite 100
Norfolk, Virginia 23502

Fax registration by 4-2-20 to (757) 455-0836

Attendee's Name: _____

Attendee's name _____

Facility's Address: _____

City _____ **ZIP** _____

Directions: Take I-64 East, exit I-64 at the interchange with I-264; take I-264 East. Take exit the Newton Road exit, turn left onto Newton Road and get into your left lane, at the light make a left onto Center Drive follow it around and then make a right onto North Center Drive , Building #11 will be on the right (there is a blue awning over the entrance). Upon entering the building, Suite 100, will be to the right. Phone (757)985-4700

When: April 9, 2020 – 9 am until noon

Where: Peninsula Training Center
825 Diligence Drive, 2nd Floor
Newport News, VA 23606

Fax registration by 4-2-20 to (757) 247-8024

****Register early seating limited to 24****

Attendee's Name _____

Attendee's Name _____

Facility's Address: _____

City _____ **ZIP** _____

Directions: Take Interstate 64 West. Take Exit 258A – US-17 South J Clyde Morris Blvd. Turn right at the 1st light onto Diligence Drive. Turn right onto Omni Way. (comes up quickly) Make the immediate left into the parking lot of 825 Diligence Dr. Office on the 2nd floor, Suite 209 Phone (757) 327-7401