

**RECORD OF ON-SITE HEALTH CARE OVERSIGHT
 ADDITIONAL REQUIREMENTS FOR RESTRAINED RESIDENTS
 (See 22 VAC 40-73-490)**

NAME OF ASSISTED LIVING FACILITY: _____

- For all restrained residents, on-site health care oversight is required at least every three months.
- The health care oversight must be provided by a licensed health care professional who is, at a minimum, a registered nurse with at least two years of experience as a health care professional in an adult residential facility, adult day care center, acute care facility, nursing home or licensed home care or hospice organization.
- The health care professional providing the oversight for the additional requirements for restrained residents must also provide the oversight for the restrained residents of the items required by 22 VAC 40-73 -490 B.
- A licensed health care professional’s signature certifies that he/she completed the specified responsibility/function.
- A separate form should be used for each health care oversight period.

Name Residents using restraints	Review current condition and records to assess appropriateness of restraint and progress toward its reduction or elimination	Provide holistic review of physical, emotional, and mental health of the resident and identification of any unmet needs	Review physician’s orders for restraints, which must be no older than three months	Evaluate compliance with 22 VAC 40-73-270 and 710 re: restraint training and use of restraints	Recommendations for change, as needed (Use separate page(s) if needed)	Signature of licensed health care professional(s) and date(s)