CLEAN HANDS COUNT

Use these steps to avoid contaminating your hands after you clean them.

Step 1: Hold container in one hand and dispense enough gel or foam to cover both hands into the other hand.
Step 2: Close lid and store container before rubbing hands together.
Step 3: Rub for approximately 20 seconds, coating all surfaces of both hands, until hands feel dry.
Step 4: Go directly to patient or resident without putting hands back into pockets or touching anything else.

Clean your hands properly when using individual pocket-sized alcohol-based hand sanitizer containers.

www.cdc.gov/handhygiene

This material was developed by CDC. The Clean Hands Count Campaign is made possible by a partnership between the CDC Foundation, GOJO and Staples.

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