

# Tab 1 – Infection Prevention & Control Education

## Background

Providing setting-specific infection prevention and control (IPC) education and training is a requirement of the Centers for Disease Control and Prevention (CDC) core practices for infection control and Virginia Department of Social Services (VDSS) standards. IPC education and training helps to ensure that staff understand their roles and responsibilities and that they achieve competency and adherence to desired IPC behaviors.

## Purpose

This tab includes *slide presentation materials with trainer guide information, as well as activity instructions* as an option for providers to use when providing basic IPC education. The slide presentation is organized into sections that cover the following topics: general infection prevention and control background and basics, hand hygiene, use of personal protective equipment (PPE), use of standard precautions and transmission-based precautions, preventing transmission of bloodborne pathogens, and environmental infection control and considerations for non-care areas.

*IPC training presentation slide notes pages* are provided and can be copied for participants' use.

*Activity instructions and associated infographics and handouts* are provided on the following topics: general infection control scavenger hunt, hand hygiene, putting on and removing personal protective equipment, finding important information on disinfectant labels, and evaluation of cleaning and disinfection techniques. Activity instructions sheets include descriptions of the purpose, materials needed, activity setup, activity steps, trainer's guide, and sample script information for each.

*Expected outcomes for participants* when using these training resources include:

- Knowledge of common terminology and concepts associated with infection prevention and control
- Ability to implement practices that prevent or minimize the spread of infectious and communicable diseases and protect themselves, their coworkers, those in care and visitors from preventable illness

## Trainer's Guide

The entire IPC training presentation slide deck includes approximately two hours of content.

The IPC training can be broken into two (or more) sessions as needed based on staff learning needs or time constraints. The section/topic divisions provide easy points where you can break the training into smaller sessions.

The IPC activities can be used to supplement the slide presentation and increase learner engagement by giving staff an opportunity to practice hands-on behaviors associated with the topics. The activities can also be used alone any time an interactive IPC enrichment educational opportunity is desired.

Before beginning any training presentation or activity, it is important to set expectations for participants. You may use your facility-specific policies, or could consider including the following examples, or come up with your own that are appropriate to your setting or audience:

- Be an active participant (pay attention and take part in discussions and activities)
- Communicate respectfully (avoid teasing or insults)
- Ask questions (if you have a question, it is likely that one of your peers has the same question)
- Respect privacy (of people or situations that you describe or discuss, avoid identifying residents/participants, colleagues, family members, etc. by name)