

INFECTION PREVENTION

Infection prevention and control (IPC) in your home is a set of practices that help to protect you and your family from getting sick and spreading illnesses and infectious diseases. These practices include maintaining good hygiene, cleaning, disinfecting surfaces, and social distancing.

Proper **bathroom and laundry cleaning** in your home is an essential aspect of IPC.



FOR MORE INFO



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VIRGINIA DEPARTMENT OF
SOCIAL SERVICES

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BATHROOM & LAUNDRY CLEANING IN YOUR HOME





BATHROOM CLEANING TIPS

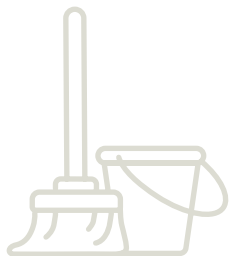
- » Clean top to bottom and cleanest to dirtiest
- » Use separate, clean cloths or sponges for the toilet, tub/shower, and sink
- » Deep clean every 1-2 weeks to prevent mildew and other buildup
- » Clean and disinfect at least weekly toilets, sinks, and other high-traffic surface areas

6 STEPS TO A CLEAN BATHROOM

- 1** Apply cleaning solution(s) to toilet, tub/shower, and sink
- 2** Remove shower curtain, floor mats, and items from countertops
- 3** Clean mirrors, countertops, and sinks
- 4** Clean tub/shower
- 5** Clean toilet
- 6** Clean floor

DID YOU KNOW?

Your bathroom can become home to bacteria, fungus and unwanted odors due to water, steam, and added dirt.



LAUNDRY TIPS

- » Launder using detergent and recommended water temperature
- » Dry items completely
- » Clean clothes hamper or laundry baskets with an appropriate cleaning product after removing dirty laundry
- » It is safe to wash dirty laundry from a person who is sick with other people's items
- » Wash hands after handling dirty laundry

